

# Spark



**18 Under 18**  
see page 12

girl scouts   
of eastern  
pennsylvania

# GSEP Shops!

One stop shopping for all of your Girl Scout Gear and Supplies.



## In-store shopping is back!

GSEP shops will be open for business this fall! There's more in store than ever- from materials to help you with your badge work to supplies to help you with your cookie sales! Check out the shops page on [www.gsep.org](http://www.gsep.org) for updated store hours, locations and more. Heightened safety measures will also be shared on the website and in GSEP News as well as Facebook and TeamApp.

## Mobile Shop

Look for the return of our Mobile Shop, serving communities that are a little further from our regional locations with the same merchandise and customer service as in our traditional shops. See the dates and locations of Mobile PopUp Shops on the shops page of the website under the drop down menu "Mobile Shop."

## Other Ways to Shop

You can always shop the online store at [girlscoutshop.com](http://girlscoutshop.com)! Look for Online Only items and special promotions on the online shop, but remember that when you purchase from the online shop, you are purchasing from Girl Scouts of the USA, not our council!

Order directly from GSEP for pickup, delivery at council events or shipping (nominal shipping rates apply) by emailing [shop@gsep.org](mailto:shop@gsep.org). Look for fillable pdf's on the shops page of the website and in TeamApp for an easier way to build your shopping lists for badges and uniforms!

Join us on our shops page for our weekly LiveChat, Wednesdays at 2pm to ask questions about merchandise, ordering, and special promotions. Don't miss our monthly Facebook Live Shopping Events!

## Stay up-to-date

Look for monthly shop updates, events and special offers in GSEP News. If you haven't subscribed yet, go to [gsep.org](http://gsep.org) and opt in to receive email updates from us. You can also find out the latest on Facebook and Instagram! And join our TeamApp GSEP Retail team for updates on shop hours, new merchandise and special promotions for TeamApp members!

## Shop Locations

Shelly Ridge  
330 Manor Road  
Miquon, PA 19444

Valley Forge  
100 Juliette Low Way  
Phoenixville, PA 19460

Jane Seltzer  
2020 Rhawn Street  
Philadelphia, PA 19152

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- 10 gsep signature events  
Experience sisterhood! Our Signature Events are designed to bring together girls from all corners of the council.
- 12 cover story: 18 Under 18  
Meet girls of all ages who are defining their inner go-getter, risk taking, innovation, and leadership.
- 64 new badge programs  
42 new badges will be available across all grade levels to develop new entrepreneurship, STEM, Digital Leadership, and Global Awards.
- 68 older girl collection  
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- 42 bronze spotlights
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- 49 gold spotlight
- 60 trifacta award
- 52 opportunities for older girls  
Looking for new ways to give back to the community?

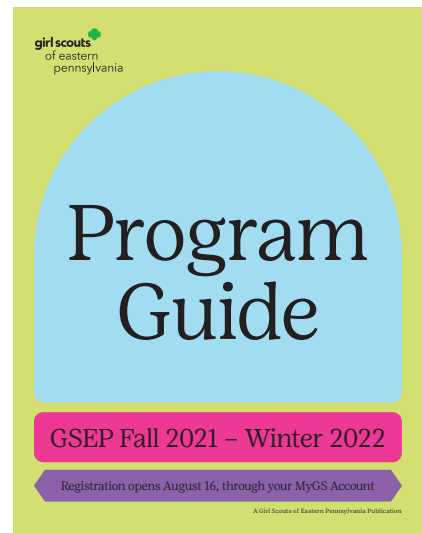
## connect

- 70 take the lead  
Celebrate our 2021 Honorees and save the dates for Take the Lead 2022 in Greater Philadelphia, Berks and the Lehigh Valley.
- 80 2020 volunteer awards  
Volunteers bring the mission of Girl Scouts to life. We honored more than 100 this year.



## on the cover

Photograph by Marco Calderon  
Cover girl Cydney B. Learn about her journey and meet our amazing "18 Under 18" girls on page 12.



## program guide

Flip this magazine over to read all the fun activities happening this fall and winter!



Spark is an annual publication of the Girl Scouts of Eastern Pennsylvania.

**Kim E. Fraites-Dow**  
*Chief Executive Officer*

**Jennifer Allebach**  
*Chief Mission Delivery Officer*

**Vicki Lupica**  
*Senior Director of Marketing*

**Rachel Bergmann**  
*Senior Graphic Designer*

**Jeff Kwait**  
*Print Production Manager*

**CONTRIBUTORS**

Nancy Bachrach, April Beattie, Tracey Bunch, Emily Evans, Myeisha Fleming, Lori Franzke, Katrina Gable, Susan Groff, Nina Harmon, Hana Haseman, Carla Hickey, Carin Johnson, Ally Kontra, Christie Kwait, Kristin Leiby, Cecily Macy, Allie McGinley-Sepulveda, Maggi Miller, Deirdra Rockemore, Georganne Seeley, Mike Vanic, Kathryn Vore, Paige Walsh

**GIRL CONTRIBUTORS**

Paris G., Julia H., Mikayla H., Sarah K., Alexa M., Rachael T., Troop #445, and Troop #8709

**ADVERTISING & EDITORIAL INQUIRIES**

215.564.2030  
communications@gsep.org

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**2021 Annual Issue**

Girl Scouts of Eastern Pennsylvania (GSEP) serves close to 35,000 girls, ages 5–18, in Berks, Bucks, Carbon, Chester, Delaware, Lehigh, Montgomery, Northampton, and Philadelphia counties. We are a volunteer-based, nonprofit organization with more than 15,000 adult volunteers. Nationally, nearly 2.8 million girls and adult volunteers enjoy the Girl Scout experience.

**CONTACT US**

215.564.2030  
memberservices@gsep.org

**REGIONAL LOCATIONS**

Shelly Ridge  
330 Manor Road  
Miquon, PA 19444  
Fax: 215.564.6953

Jane Seltzer  
2020 Rhawn Street  
Philadelphia, PA 19152  
Fax: 215.745.4947

Valley Forge  
100 Juliette Low Way  
Phoenixville, PA 19460  
Fax: 610.935.8167

**CAMP LOCATIONS**

Camp Laughing Waters  
Gilbertsville, PA 19525

Camp Mosey Wood  
White Haven, PA 18661

Camp Mountain House  
Allentown, PA 18103

Camp Shelly Ridge  
Miquon, PA 19444

Camp Valley Forge  
Phoenixville, PA 19460

Camp Wood Haven  
Pine Grove, PA 17963

**GSEP NEWS**

Would you like to receive our monthly e-newsletter and other GSEP updates via email? It's a great way for you to stay up-to-date on upcoming events. To ensure you receive these updates please login to your MY GS account, click on the "Family Profile" tab and make sure the "Email Opt In" box is checked and that the email address we have on file is accurate. Please add [gsep@email.girlscouts.org](mailto:gsep@email.girlscouts.org) to your accepted senders list to keep email updates from us out of your spam.

**FOLLOW US!**

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**Kim E. Fraites-Dow**  
*Chief Executive Officer*  
 Girl Scouts of Eastern PA

 /KFraites

 @KimFraitesDow

 /kim.e.fraites

# notes from Kim

**“It’s time to press play on your dreams.” You’re ready to bring your big dreams to life, and Girl Scouts is ready for you.”**

Whether you are new to Girl Scouts or have grown up in this great sisterhood, we all can share in the long-standing traditions and things your sister Girl Scouts have been doing for more than a hundred years! Today, tomorrow, and beyond, Girl Scouts is a place where girls can grow as leaders, and we are all set to connect with you and your families and help you gear up to blossom in today’s world.

In this year’s Spark magazine, our cover story, “18 Under 18” shares how girls like you figured out how to stay positive during the pandemic and were there for family, friends, and community. This included using Girl Scouts entrepreneurial and business skills for every thing from making masks, to food drives, to running the first ever "virtual" Cookie Program! I hope you will be inspired by each girl’s leadership story (beginning on page 12). This year we are also happy to present 24 new badges (page 64) with something for every girl including Entrepreneurship, STEM, Digital Leadership and Global Awards. And get ready for the return of our in-person Signature Events including our much-loved Family Camp, Autumn Adventure, Tough Cookie Adventure and many more (beginning on page 10)!

We are super excited about the Family Packet, which is your go-to guide for getting the most out of the upcoming membership year in Girl Scouts! This handy tool is full of helpful information on girl programs, troop experience, what to expect as a Girl Scout family and more. Be sure to check out the calendar on page 5 for special events and programs like the Girl Scout Cookie Program.

I hope this issue of Spark magazine inspires you with stories of leadership, exciting adventures, ways to help out your community, animals, and our environment, and gets you excited for this Girl Scout year! We can’t wait to see what you choose to do, and watch how you will grow when we press play again this year!

Yours in Girl Scouting,

Kim E. Fraites-Dow  
 CEO, Girl Scouts of Eastern Pennsylvania



# calendar

## October 2021

01	The Girl Scout Membership Year Begins
22-24	FALL Leadership Weekend
24	Gluten Free Orders Due by troop
31	Juliette Gordon Low's Birthday 🍀
TBD	Take the Lead 2022 Registration Opens
TBD	Service Unit Cookie Program Training
Oct 14 - Nov 14	Fall Product Program

## November 2021

01	Scholarship Applications Open
07	Initial Cookie Orders Open
09	Volunteer Award Ceremony
20	Adventure Races at Camp Laughing Waters
25-26	Thanksgiving: All Shops & Regional Locations Closed
28	Deadline for Troop Home Delivery Requests

## December 2021

03	Troop Initial Order Due in ABC Smart Cookies
08	Deadline for SUCM's to Edit or Enter Troop Initial Orders in Smart Cookies
Dec 24 - Jan 01	All Shops and Regional Locations Closed

## January 2022

07-16	Home Deliveries and Mega Drops
16	Women's Leadership Summit
17	GSEP MLK Day of Service
20	Cookie Program Begins
31	Scholarship Applications Deadline
31	Deadline for Girls to Earn Go-Getter Patch
TBD	MY23 Girl Delegate & Advisor to the Board Applications Due
TBD	Service Unit Camporee Lottery Opens for Fall 2022 (tentative)
TBD	Round 1 GSUSA Destination Applications Due

## February 2022

18-20	National Girl Scout Cookie Weekend
22	World Thinking Day
TBD	GSUSA Destinations Begin Rolling Admission



All programs, events, and dates are subject to change based on evolving COVID-19 pandemic regulations. Please visit the events calendar on our website for a full and updated list of our council-wide events.

## March 2022 Women's History Month

01	Spring Renewal Registration Begins
01	Take the Lead Philadelphia
06-12	Girl Scout Week • 110th Anniversary of Girl Scouting
20	Last Day of Cookie Program
21	Spring Delegate Council Meeting
30	Gold Award Proposal Deadline for Current 12th Graders
25	Troop Recognition Orders Due in ABC Smart Cookies
27	SUCM's Deadline for Recognition Orders in ABC Smart Cookies

## April 2022 Volunteer Appreciation Month

12	Take the Lead Berks County
21	Take the Lead Lehigh Valley
22	Girl Scout Leader Day
TBD	Outdoor Skills Sampler

## May 2022

01	Silver Award Proposal Deadline for Current 8th Graders
07	Annual Meeting
30	Memorial Day: All Shops and Regional Locations Closed
TBD	Silver Award Ceremony
TBD	Gold Award Ceremony

## June 2022

19	Juneteenth
30	Spring Renewal Registration Ends
TBD	Camp Begins

## July 2022

04	All Shops & Regional Locations Closed GSEP Summer Camp
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## August 2022

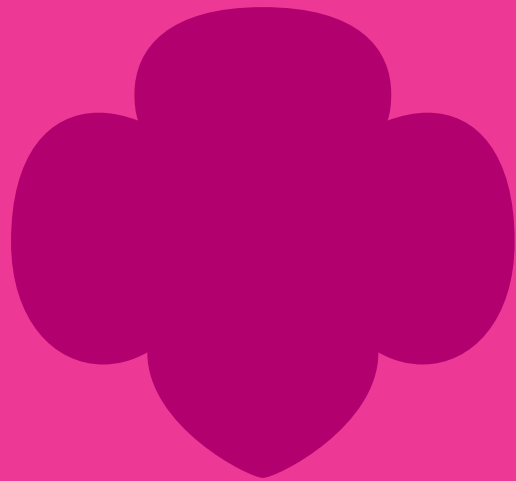
19-21	Adult Camping Weekend
22	Fall Kickoff
22	Nominations for Volunteer Awards Due

## September 2022

05	Labor Day: All Shops & Regional Locations Closed
15	Gold Award Final Report Deadline for Current 12th Graders
30	Silver Award Reflection Deadline for Current 8th Graders
30	Bronze Award Deadline for Troop Leaders to Register Current 5th Graders
TBD	Delegate Training
TBD	Fall Delegate Council Meeting

# Hidden Trefoil Challenge

As you read through this Spark Magazine, look for the hidden Trefoils! They look like this . (We are not including ones in photos.) Think you can find them all? Keep a count of the Trefoils you find and then check page 80 for the answer!



## Cookie Program Merchandise

Your GSEP Shop has more in store for cookie entrepreneurs! We've been busy creating new designs for your favorite Cookie Program support items- they're so fresh we can't even reveal them yet! Great products you will love to help with your Cookie Program with updated designs will be introduced and available for pre-order in September 2021. Look for an order form on the Shops page and in TeamApp in September.

### Items for Pre-Order

- Table Cloths – *New Design Coming!*
- Yard Signs – *New Design Coming!*
- Buttons – *New Design Coming!*
- Cookie Tote – *New Design Coming!*
- Car Magnet – *New Design Coming!*
- Recognition Patches – *New Design Coming!*
- Custom Banner – *New Design Coming!*

**All orders will be available for pickup from a GSEP Shop January 4, 2022.**

Email us at [shop@gsep.org](mailto:shop@gsep.org) for more details.

# shout outs!

Thank you to GSEP's generous donors! We are grateful for the leadership support from individuals, corporations, and foundations whose philanthropic investment of \$5,000 or more\* helps bring the Girl Scout Leadership Experience to girls across the Council's nine-county footprint.

## **\$100,000+**

Comcast, NBC10, Telemundo62,  
and Comcast Spectacor  
United Way of Berks County

## **\$30,000 - \$99,999**

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Girl Scouts of the USA  
Lenfest Foundation  
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The Pew Charitable Trusts

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Victaulic  
Villanova University  
Dr. Christine Voigt  
Debra L. Walters  
The William Penn Foundation  
Special Gifts Program

\*Contributions made between June 2020-May 2021  
We apologize in advance for any incorrect listings, misspellings, or omissions.



# Donor Spotlight

## Dona File

As a lifelong Girl Scout, Dona File is thankful that her mother prevented her from quitting when she was a Cadette. Dona's Girl Scout journey began as a Brownie and progressed to Seniors, the earning of her First Class (known today as a Girl Scout Gold Award), and Campus Gold. She also worked as a Counselor-in-Training before going on to work as a camp counselor at Camps Indian Run, Laughing Waters and Tohikanee. After graduating from college, Dona worked for Girl Scouts Philadelphia briefly as a Senior Advisor and attended the GSUSA National Conventions in Seattle and Dallas.

In 2005, Dona was recruited to serve on Girl Scouts of Philadelphia's Property Committee. When the Eastern Pennsylvania councils merged in 2007, Dona stayed on the Property Committee until she became a Board Member of GSEP in 2013. Dona's commitment to Girl Scouts has only grown over time. This past year, Dona and her wife, Jeanne, made a leadership gift to the Girl Adventure Place capital campaign, which supports much-needed infrastructure improvements at two of GSEP's camps: Camp Shelly Ridge and Camp Mountain House. Improvements will include a new multi-purpose indoor space (with indoor bathrooms and showers!) for year-round programming at Mountain House and platform tents, repairs to the Smith Lodge, and a high ropes course at Shelly Ridge.

Dona and Jeanne designated their support toward a first ever commercial kitchen at Camp Shelly Ridge. The kitchen, which is the heart of every communal experience at camp, will be a place where girls connect and communicate while sharing meals. Through the addition of the commercial kitchen, girls will also learn about healthy food choices, cleanliness, and how to serve and be served, which are important factors to personal growth and success.

Dona and Jeanne not only made a significant financial contribution to the project, but Dona, a union carpenter for 40 years and the current Corporate Safety Director for L.F. Driscoll Company, also looked over the architectural and construction plans and budget. Some of her insights helped GSEP to modify its plans for the better. Dona credits her successful career in construction to her days as a Girl Scout and her love of being outdoors at camp! Dona's participation in Girl Scouting has had a pivotal impact on her life, so her and Jeanne's gift to the Girl Adventure Place demonstrates her personal connection to camp. Their gift in memory of Dona's mother, who, once again, would not let her quit Girl Scouting.

For more information on supporting projects like the Girl Adventure Place, see page 74 or contact Lori Franzke at [lfranzke@gsep.org](mailto:lfranzke@gsep.org) or 267-332-7039.



# Signature Events

We can't wait to connect you with new friends and help you experience all that Girl Scouts has to offer. Whether it's adventures at camp or mastering the skills of a #cookieboss, when you work together through the global sisterhood of Girl Scouts, there's no limit to the amazing things you can do!

## ICON GUIDE



GSEP Signature Event



Entrepreneurship



Life Skills



Outdoors



STEM



Virtual



Mobile Shop



Daisies



Cadettes



Brownies



Seniors



Juniors



Ambassadors



### Family Camp ●●●●●●

**FRIDAY, SEPTEMBER 3, 5PM – MONDAY, SEPTEMBER 6, 10AM**  
**Camp Mosey Wood**  
**White Haven, PA 18661**

**Grade:** All Ages  
**Cost:** \$100/person

Enjoy a weekend of fun and relaxation for you and your entire family! Parents, sisters, brothers, grandparents, and other relatives are all invited to Camp Mosey Wood to participate in organized activities, such as swimming, boating, hiking, games, and crafts. Attendees can also enjoy other activities independently. Activity specialists will be on hand to guide you through archery (2<sup>nd</sup> grade and above) and the high-ropes challenge course (6<sup>th</sup> grade and above), with lifeguards overseeing swimming and boating. Adults must supervise children during the event; one adult must register for every three children. Includes accommodations in platform tents and all meals, Saturday breakfast through Monday breakfast, served in the Dining Hall.



### Sunday Sundae ●●●●

**SUNDAY, SEPTEMBER 26, 11AM-1PM**  
**Camp Laughing Waters**  
**Gilbertsville, PA 19525**

**Grades:** 6-12  
**Cost:** \$15/girl  
 Adults Free

Calling all girls who want to create GSEP's Halloween extravaganza for younger Girl Scouts! Come to this planning event for Autumn Adventures where you'll learn specific details about volunteer roles and help to design additional activities we will lead. Volunteer roles include tattoo artists, arts and crafts, Halloween games. Also, you'll earn Service to Girl Scouting hours and enjoy some tasty ice cream too! Cadettes, Seniors, and Ambassadors interested in helping to plan and run Autumn Adventures must register for and attend Sundae Sunday. **Girls must be able to attend the Autumn Adventure event held October 30<sup>th</sup>.** All Troops must come with registered and cleared adults—as adults will be asked to volunteer in facilitation of the programs. Individual girls welcome. \*Includes ice cream at planning meeting, as well as lunch at event and event patch at Autumn Adventures.



### Autumn Adventure ●●●●●●

**SATURDAY, OCTOBER 30, 1- 4PM**  
**Camp Laughing Waters**  
**Gilbertsville, PA 19525**

**Grades:** All Ages / Family Event  
**Cost:** \$15/child  
 \$8/adult

Parents, sisters, brothers, cousins, and friends join your Girl Scout for a captivating autumn adventure. Be your own tour guide as you travel around camp to various autumn activities, to celebrate the changing seasons and Halloween at Camp Laughing Waters. Create fall crafts, play Halloween games, and sparkle with a glitter tattoos. See how far apples can fly when you go "apple chunking." Enjoy a thrilling game of GaGa and gobble on a S'more Snack! Choose what you want to do when you want to do it. Event is rain or shine, warm or cold. Coming as a troop? All troops must meet girl/adult ratio. Coming as a family: Adults must supervise their children during the event; one adult must register for every three children. Cadettes, Seniors, and Ambassadors interested in helping to plan and run Autumn Adventures must register for and attend Sundae Sunday, September 26<sup>th</sup>.



### Fright Fest ●●●●●●

**SATURDAY, OCTOBER 30, 6-9:30PM**  
**Camp Laughing Waters**  
**Gilbertsville, PA 19525**

**Grades:** All ages / Family Event  
**Cost:** \$25/ vehicle

Spend a fright filled night at Laughing Waters as we transform camp into a Drive-In with a 26 ft outdoor screen! Settle in for our feature film: Casper! Load up the car and bring the whole family (but please leave pets at home), each vehicle will have a designated space to ensure proper distancing. It is sure to be a thrilling evening! Girl Scouts will receive an Event Patch.



### Tough Cookie Adventure Race ●●●●●●

**SUNDAY, NOVEMBER 14**  
**REGISTRATION 7:30AM-9AM**  
**Camp Laughing Waters**  
**Gilbertsville, PA 19525**

**Pre- race Meetings:** 9:15am  
**Race begins:** 10am

**Grades:** All Ages / Family Event  
**Cost:** \$40/person

Complete challenges, navigate maps, and push your limits while you race against the clock! With a team of two to four people, run, walk or bike, as you race to meet check points and complete team challenges throughout Camp Laughing Waters in our two-hour adventure race. Choose your level of adventure by picking your course and challenges. You might get wet, you might get muddy or dirty, but you're guaranteed to have fun! After the race you can stay at camp for open activities, from 1-3. Archery, the rock wall, hikes, as well as sports and games like gaga and disc golf. Enjoy a picnic lunch (self-provided). This is a family event, at least one member of the team must be a registered Girl Scout.



### Real Girls Code ●●●●

**SATURDAY, DECEMBER 4**  
**Camp Shelly Ridge**  
**Miquon, PA 19444**

**Grade:** K-1 – 9AM-12PM  
 2-5 – 1PM-4PM  
**Cost:** \$15

You + coding = a whole new world! Join thousands of other participants from hundreds of countries at a global Hour of

Code event. Learn how coding changes and enhances our lives, from solving problems to connecting people around the world. Start thinking like a coder as you play games both on and off the computer. Hear from people who use code every day to make the world a better place and be inspired to do the same! All troops must meet girl-adult ratios for their group. Individual girls must be accompanied by a registered adult. \*Includes event patch and Coding for Good 1: Coding Basics Badge.

 **Cookie Captains- Valley Forge Cookie Rally** ●●●

SUNDAY, DECEMBER 5, 10AM-12PM

**Camp Valley Forge  
Phoenixville, PA 19481**

**Grades:** 6-12

**Cost:** \$10/girl

Cookie season is almost here, and we need your #cookieboss skills! Older girls are needed to help lead activities at the Cookie Rally at Camp Valley Forge on Saturday, January 8. At this training, learn how to lead activities and teach girls how to talk to customers, remember cookie flavors, and create goals. Cadettes, Seniors, and Ambassadors interested in helping run our Cookie Rally must register for and attend Cookie Captains. Participants must be able to attend the Cookie Rally on Saturday, January 8 at Camp Valley Forge. \*Includes snack and January event patch.

 **Cookie Captains- Shelly Ridge Cookie Rally** ●●●

SUNDAY, DECEMBER 5, 10AM-12PM

**Camp Valley Forge  
Phoenixville, PA 19481**

**Grades:** 6-12

**Cost:** \$10/girl

Cookie season is almost here, and we need your #cookieboss skills! Older girls are needed to help lead activities at the Cookie Rally at Camp Shelly Ridge on Sunday, January 9. This training will be held at Camp Valley Forge. At this training, learn how to lead activities and teach girls how to talk to customers, remember cookie flavors, and create goals. Cadettes, Seniors, and Ambassadors interested in helping run our Cookie Rally must register for and attend Cookie Captains. Participants must be able to attend the Cookie Rally on Sunday, January 9 at Camp Shelly Ridge. \*Includes snack and January event patch.

  **GSEP Cookie Rally** ●●●

SATURDAY, JANUARY 8, 9AM-12PM  
OR 1PM-4PM

**Camp Valley Forge  
Phoenixville, PA 19481**

**Grades:** K-5

**Cost:** \$15/girl

Cookie season is almost here! Play games and create crafts designed to help you build

the skills of a #cookieboss. Learn tips about talking to customers from older Girl Scouts, get a sneak peek at the cookie recognitions, and leave with the skills needed to reach your cookie goals! All troops must meet girl-adult ratios for their group. Individual girls must be accompanied by a registered adult. \*Includes event patch.

  **GSEP Cookie Rally** ●●●

SUNDAY, JANUARY 9, 9AM-12PM  
OR 1PM-4PM

**Camp Shelly Ridge  
Miquon, PA 19444**

**Grades:** K-5

**Cost:** \$15/girl

Cookie season is almost here! Play games and create crafts designed to help you build the skills of a #cookieboss. Learn tips about talking to customers from older Girl Scouts, get a sneak peek at the cookie recognitions, and leave with the skills needed to reach your cookie goals! All troops must meet girl-adult ratios for their group. Individual girls must be accompanied by a registered adult. \*Includes event patch.

  **GSEP Cookie Rally-Virtual!** ●●●

SATURDAY, JANUARY 8, 9AM-12PM OR  
SUNDAY, JANUARY 9, 1-4PM

**ZOOM**

**Grades:** K-5

**Cost:** \$25/girl

Cookie season is almost here! Play games and create crafts designed to help you build the skills of a #cookieboss. Learn tips about talking to customers, get a sneak peek at the cookie recognitions, and leave with the skills needed to reach your cookie goals! This program will take place on Zoom. The link will be emailed one week prior to the program. \*Includes event patch and program kit.

  **Maple Sugaring Program Leaders** ●●●

SATURDAY JANUARY 29, 10AM-4PM  
AND FRIDAY FEBRUARY 25, 7PM -  
SUNDAY FEBRUARY 27, 11AM

**Camp Laughing Waters  
Gilbertsville, PA 19525**

**Grades:** 6-12

**Cost:** \$20/girl

Adults Free

Put your leadership skills into action while giving service to Girl Scouts! Help teach younger Girl Scouts all there is to know about Maple Syrup. Create and deliver our inspiring information about everyone's favorite pancake topping: MAPLE SYRUP! Whether you enjoy writing scripts, acting, making crafts, singing songs or helping others, there is an important role for everyone. Commitment to this event includes a training on January 29<sup>th</sup>, as well

as presenting the program February 25-26 (with optional Saturday overnight). Earn Service to Girl Scouting hours as well as have lots of fun! All adults will be assigned a specific task during the program. All girls and troops must come with Safety Activity check point adults, adults will be asked to participate in facilitation of the programs. Individual girls must be accompanied by an adult. All adults must be registered Girl Scouts and have satisfactory background clearances to participate. \*includes accommodations in heated cabins in February, meals during training and event, as well as event patch.

  **World Thinking Day**

●●●●●●●●

SATURDAY FEBRUARY 19, 10AM-12PM  
AND 1-3PM

**ZOOM**

**Grades:** K-5 (10am-12pm)  
6-12 (1pm-3pm)

**Cost:** \$10/ girl

Gather with your sister Girl Scouts to celebrate World Thinking Day! Each year Girl Scouts and Girl Guides from around the world, gather to improve their ability to make the world a better place though international friendship and thinking globally! We will gather virtually as we learn about each other and build our skills to be global citizens. Participants will receive event kit and badge.

  **GSEP Presents: Maple Sugaring** ●●●●●●●●

SATURDAY, FEBRUARY 26  
STAGGERED ARRIVAL TIMES  
**Camp Laughing Waters  
Gilbertsville, PA 19525**

**Grades:** All ages / Family Event

**Cost:** \$15/ child  
\$10/ adult

Step back in time as Older Girl Scouts lead you on a sweet three-hour tour of the history of maple syrup! Experience everything from the discovery of maple sugar to how maple syrup is produced today. Taste test sap and syrup to learn which one is your favorite, learn the science behind collecting sap and the process to make it into syrup. This program runs three hours and has staggered start times. You will be prompted to select your start time during the registration process. Coming as a troop, all troops must meet girl/adult ratio. Coming as a family: Adults must supervise their children during the event; one adult must register for every three children. \*includes snack, drink, and event patch.



## 18 Under 18

In the following pages you will meet 18 remarkable representatives of the Girl Scouts of Eastern Pennsylvania. Their heartfelt responses describe how they survived, thrived, and learned about their inner strengths and feelings after being home and away from friends and family for the better part of a year.

18

## Cydney B.

Age 18 • Troop 91504  
Philadelphia County

Gold Award • Girl Delagete (MY22) • Philadelphia Youth Poet Laureate

### How did you get through this past year and what has made you stronger and more resilient?

I got through this past year with the help of my family, my spirituality, Girl Scouts, and poetry. My family is my biggest supporter. Throughout the pandemic they have helped me bring my new ideas into fruition. With the help of my family I was able to self publish my poetry book “Daydreaming”. My mentor LaToya helped me to realize that I belong in every space I enter, presenting a new perspective with strength and humility.

My year has been positively impacted with God in my life and my ancestors to guide me. Phenomenal women like my grandmother, Maya Angelou, June Jordan, and Toni Morrison. I have gained strength knowing that I have them on my side. Before a performance I call upon them to give me strength.

Girl Scouts has influenced me greatly by giving me the tools to love myself and not focus on how anyone views me. Earlier in 2020, I attended a workshop on self love led by GSEP. It moved me to not let other people dictate my life choices. Since I love poetry I’m going to let that take the wheel in my life and drive me towards more opportunities. It wouldn’t be fair to myself to stay in the passenger seat while I let other people hit the brakes on my future. Having Faith in myself and what I can accomplish has made me more resilient. In the past I have been discouraged from sharing my poetry and for standing up for what I believe in. Today, I stand firm in my belief that my words matter and sharing my poetry has gotten me thus far.

### How have you been able to set a good example and make a difference to younger girls in your community?

I have been able to set a good example and make a difference for younger girls in my community as the Youth Poet Laureate of Philadelphia and by creating Project G.O.O.D. (Girls Overcome Obstacles Daily). This mentoring program provides knowledge to girls on healthy and toxic relationships, information on positive body

image, guides them how to communicate feelings/needs, gain healthy habits, learn different ways to cope with difficult situations, and find solutions. I never had a group like this and I know that if I did it would have helped me immensely in growing into the person I am now. As the Youth Poet Laureate I’ve had the opportunity to go into schools virtually and talk to students about my experiences being a poet and a black girl speaking out against injustices. It’s always a pleasure to inspire young girls to speak their truth and continue achieving dreams even if someone puts them down.

### What new things did you try, including social media to make your virtual 2021 cookie season a success?

During this virtual cookie season, I used ABC cookie graphics, Instagram stories, and text messages to spread the word. With help from supporters like Mike Jerrick, the Fox 29 news anchor and Councilmember Isaiah Thomas, I gained more sales by word of mouth. Lastly, by using every zoom call as an opportunity to catapult my sales, I set and achieved my goal of selling 1,000 boxes of cookies this year!





17

**Sariya J.**

Age 8 • Troop 22028  
Philadelphia County  
Cookie Boss

**What have you missed the most because of not being able to get together with friends?**

Over the past year, I missed going on adventures and not being able to spend time doing crafts with everyone in person.

**How did you stay happy and help cheer up others who may have been sad?**

My friends and I used video games like Roblox and video chats like Messenger Kids and Zoom to visit and have virtual playdates. I made my friends earrings to cheer them up, and also hosted a virtual Valentine's Day craft for my Girl Scout sisters.

**How many packages of cookies did you sell and what fun things did you do to get to your goal?**

This is exciting! I sold 1,027 boxes of cookies and by creating videos to share with my friends and family. My mom and I built a cookie box backdrop wall to take pictures and I also participated in curbside cookie booths.

16

**Samantha W.**

Age 11 • Troop 6366  
Lehigh County  
Bronze Award

**What is something fun you learned about yourself while staying at home with family for a year?**

A fun thing I learned about myself is that I could try new things and enjoy them. I learned the skills of archery and practiced them in my backyard, learned skills for baking and found a passion for making different breads that I was also able to share with others. I made different items in the microwave such as apple pie in a jar and lava cake. I had lots of fun learning these new skills.

**How many packages did you sell, and what new things did you do try to reach your customers?**

I sold 328 boxes of cookies. Since I have special abilities, it was a little difficult. With some creativity and assistance from my family, we worked through it. To people that my parents knew, I sent out e-mails and called them on the phone. I sent people e-cards from the website to invite them to buy cookies. After they bought cookies, I sent a thank you email for helping me get closer to my goal. I also created a poster and sign for in the front of my yard.

“A fun thing I learned about myself is that I could try new things and enjoying them.”





15

## Julia S.

Age 9 • Troop 71199  
Montgomery County

### What have you missed the most because of not being able to get together with friends?

What I really missed this past year was camping, singing, and meeting in person. Most of all I have missed our snack time and chatting at meetings.

### How did you stay happy and help cheer up others who may have been sad?

I created a chalk your walk with my friends. Each day we would have a different friend's driveway to give a message or draw a picture to help uplift them during the lockdown. By the end of the week, you would have seven messages in your driveway. It was a fun surprise as we didn't know which friend would come on each day.

### How many packages of cookies did you sell and what fun things did you do to get to your goal?

This year I sold 401 boxes of cookies, the most I have ever sold. I made lots of signs and sold boxes at the end of my driveway with my next-door neighbor who is also in my troop. We created dances and chants, spinning our signs to get customers. We even had the Amazon driver truck stop, our exterminator, and several repeat visitors.

14

## Sydney V.

Age 11 • Troop IRG  
Montgomery County  
Bronze Award • TTL  
Chorus Lead

### What is something fun you learned about yourself while staying at home with family for a year?

Something fun I learned about myself while staying at home with my family is that we all enjoy reading, drawing, and learning about comic art. Creating my own "superhero" graphic comic inspired by my passion for science and music has been fun! I plan to share my comic on my blog "beherbeaher0.wixsite.com/website".

### Did you participate in a service project to help others?

Participating as an Individually Registered Girl (IRG) this year, allowed me to become more involved by continuing to serve as a Giving Tree Families Ambassador, a local charity, where I designed and donated appreciation and gratitude cards for our police and firefighters; assembled healthy snacks sock roll ups for the homeless; and assembled school supply bags for children in under-served schools in the Kensington section of Philadelphia.

### How many packages did you sell, and what new things did you do try to reach your customers?

This cookie year, I was able to sell over one hundred boxes of cookies –all online! I reached most of my customers by hosting a Zoom Meeting to introduce the cookies and the online sales options this year. I communicated through updates and thank you for your orders by text messages.





12

**Devyn S.**

Age 16 • Troop 7188  
 Montgomery County  
 Girl Delegate • Girl Advisor to  
 the Board • 2020 National  
 Council Session Alternate  
 Delegate • TTL Girl Presenter  
 Gold Award • Trifecta Award

**How did you get through this past year and what has made you stronger and more resilient?**

The whole world has changed so much this past year. This past year made me appreciate my family, friends, and all the people I interact with. This year showed me how the entire world can adapt so quickly. Everyone is stronger and more resilient after this year.

One way I personally grew was due to Girl Scouts. The first ever Girl Scout National Council Session was held in 2020, and I had the honor to participate in that historic event. I learned so much from NCS and hope to return to the next one in person!

**How have you been able to set a good example and make a difference to younger girls in your community?**

If there is anything I love more than science, it's inspiring young girls in the STEM field. One way I can do that is setting a good example. I've been doing research since 7th grade and had two published abstracts and acceptance to two professional scientific meetings. I also had two internships, one in a malaria lab at the Children's Hospital of Philadelphia and the other at a marine science research center. I love sharing my experiences and inspiring younger girls to pursue their STEM passion. My heart fills with joy when I'm the person that instills the awe of science in them.



13

**Kaelyn S.**

Age 14 • Troop 7287  
 Montgomery County  
 Bronze Award

**Did you participate in a service project to help others?**

I participated in a number of service projects, including collecting trash on Earth Day. I also helped to paint canvas bags for an animal shelter, and in March, I helped to save a cat that was living at an abandoned house. We fed him and gave him water, arranged to have him trapped, neutered, released, and ended up adopting him also. Felix is now part of our family.

**How many packages did you sell, and what new things did you do try to reach your customers?**

I sold 154 boxes of cookies this year. Since we could not do cookie booths, we would email friends and family and sold some online this year that got delivered by mail.

“Everyone is stronger & more resilient after this year.”





11

## Shivika V.

Age 13 • Troop 4481  
Chester County  
Bronze Award

### Did you participate in a service project to help others?

Yes! Last April, my family was horrified at how the lack of masks for essential workers was taking lives. When we realized we had a sewing machine waiting to be used, my mom, sister, and I decided to make homemade masks to donate to various different organizations. We found an easy tutorial online through Joann Fabrics and got working! We donated masks to multiple charities including the Children's Hospital of Philadelphia (CHOP), Peaceful Living (senior home), and Bell Elite Staffing Solutions (another senior living center).

### What is something fun you learned about yourself while staying at home with family for a year?

Creativity is something that naturally comes to everybody. It's always in one form or another and I found mine in journaling. During quarantine, I got the inspiration from my peers. However, I didn't just write my thoughts down, but I also made cool designs for each day's entry. Each page was a reflection of my identity and how I grew as an individual during quarantine. I learned to be comfortable in my thoughts. By channeling my creative energy through journaling, I realized that I could use my artistic abilities not just on paper, but also in the real world.

10

## Alyssa N.

Age 12 • Troop 4362  
Chester County  
Bronze Award • Silver Award

### What is something fun you learned about yourself while staying at home with family for a year?

I discovered that I love all types of art! I started sketching, drawing portraits, painting on canvases, and making clay animals. I also started writing songs!

### How many packages did you sell, and what new things did you do try to reach your customers?

I sold a little over 600 boxes of cookies. I still went door to door to homes in my neighborhood but wore my mask and didn't enter homes. I wrote the orders down on my sheet and sanitized in between each customer. I left doorknob hangers with my information on any homes where someone didn't answer. I also emailed friends/family and used my Mom's Facebook account to take orders. I sold more this year than I ever have!





**Amara D.**  
Age 9 • Troop 05408  
Delaware County

**What have you missed the most because of not being able to get together with friends?**

Mostly I have missed doing outdoor activities like camping. We haven't been allowed to camp in tents yet this year, but I am going to Girl Scout sleep away camp this year, so I am excited to do Girl Scout things there.

**How did you stay happy and help cheer up others who may have been sad?**

I stayed happy by practicing my favorite activities. I did lots of bike riding and now I can ride my bike 10 miles on the trail. I helped my friend be happy by riding bikes with her. She is a Girl Scout Daisy, so we did a bike riding patch together.

**How many packages of cookies did you sell and what fun things did you do to get to your goal?**

I sold 325 boxes of cookies, it was less than last year, but I am proud of myself for trying. I did door to door sales that were really fun. I also made lots of phone calls to help sell cookies.

“I'm really proud of myself for trying.”



**Kaitlyn H.**  
Age 16 • Troop 752  
Montgomery County  
Girl Delegate

**How did you get through this past year and what has made you stronger and more resilient?**

With the constant reporting of negative news around COVID, I really wanted to focus on the positivity that was happening all around us despite the pandemic. I started searching for good news stories online to share with my sister and family, but they were pretty difficult to find. So, I started looking on social media for people sharing good news around our community and region and began finding some amazing stories - like a restaurant providing weekly free food to families in need, a local girl sewing hundreds of masks for hospitals, a bakery sending treats out to frontline workers and a musical duo performing free hospital parking lot tribute concerts for doctors and nurses.

**How have you been able to set a good example and make a difference to younger girls in your community?**

The COVID down time suspended many activities that I was involved with including sports, music, and theatre in 2020. This extra free time gave me an opportunity to focus and expand my Gold Award Project - Play It Forward. This is a sports equipment recycling program that provides free gear to youth players across our area communities.

I knew how important it would be for young kids, and particularly girls, to get back into activities for their physical health, mental well-being and social engagement given the issues COVID isolation was causing with a lack of activity and engagement with their peers.





7

## Emma S.

Age 16 • Troop 2105  
Bucks County

Service Unit Delegate •  
Girl Delegate • TTL Girl  
Emcee • Bronze Award •  
Silver Award

### How did you get through this past year and what has made you stronger and more resilient?

I have family members who are high risk, so we had to be very isolated this year. Connecting with my troop at both virtual meetings and in-person meetings helped me to feel like I was part of something. This year made me realize how important my family and my friends are to me.

### How have you been able to set a good example and make a difference to younger girls in your community?

I decided to participate in the Pfizer clinical trial for the covid vaccine for kids ages 12-15. This helped me to feel empowered against the virus and gave me a way to fight back and help other kids my age.

### What new things did you try including social media to make your virtual cookie season a success?

I sold a lot of cookies by email and social media. A friend also made me a great lawn sign. I put my QR sign on the lawn side and received orders that way. I also made door hangers with my QR code and put the door hangers in all of my neighbors' mailboxes.

6

## Lena C.

Age 11 • Troop 3801  
Carbon County

### Did you participate in a service project to help others?

This year, I focused on my Bronze Award. It became a 2-part project that was lots of work but also fun. The first part, I collected sponsors for Pumpkin Bags that were filled with fun gifts for baby girls born on Halloween. Each bag had candy, baby samples, a handmade card and a letter sharing Juliette Gordon Low's story and her birthday along with my Bronze Award Project.

The 2nd part was collecting more sponsors for gift bags for the holidays, including ornaments handmade I made. I wanted to make sure all the babies and their families had someone thinking about them during COVID. I was able to donate 24 bags to babies born at St Luke's.

In the past year, I also was able to complete my Wigs for Kids donation for my Junior level. I always donate my hair every 2 years to help others feel amazing about themselves in this crazy world.





5

**Gia P.**  
 Age 8 • Troop 9589  
 Philadelphia County  
 Top Cookie Seller •  
 Cookie Boss • Cookie CEO

**What have you missed the most because of not being able to get together with friends?**

I have missed not being able to see my troop, and talking to them in person. I missed doing activities in person, especially scavenger hunt.

**How many packages of cookies did you sell and what fun things did you do to get to your goal?**

I sold over 9,000 boxes of Girl Scout cookies! I made several videos to share on my parents' social media and I asked teachers, friends and family if they wanted cookies and safely delivered them to everyone to enjoy!



4

**Maddison L.**  
 Age 8 • Troop 9210  
 Philadelphia County

**What have you missed the most because of not being able to get together with friends?**

I miss playing with my friends.

**How many packages of cookies did you sell and what fun things did you do to get to your goal?**

I sold over 200 cookie boxes and I called my family and friends to help reach my goal.



3

**Kayla H.**  
 Age 13 • Troop 91  
 Philadelphia County  
 Cookie Boss

**What is something fun you learned about yourself while staying at home with family for a year?**

I like hearing and telling jokes to my friends, family, and peers. It's always fun to make people laugh and smile.

**How many packages did you sell, and what new things did you do try to reach your customers?**

I sold over 1000 cookie boxes this year! It's exciting to be a Cookie Boss!



1

**Michaela R.**

Age 9 • Troop 4131  
Chester County

**How did you stay happy and help cheer up others who may have been sad?**

I stayed happy during the lockdown by talking to my friends on FaceTime and Google Meet, by playing and coding a lot of video games and taking online drawing classes.

For my Take Action project for A World of Girls journey, I used my drawing skills to make greeting cards. I sent them to friends and family who needed some cheering up during lockdown. I also helped my Mom (who is my troop leader) make macaroni and cheese casseroles for the clients of Saint John's Hospice in Philadelphia.

**What have you missed the most because of not being able to get together with friends?**

The thing I have missed the most is not being able to talk to my friends in person. It is easier to have fun and be silly with my friends when we are together.

2

**Samantha R.**

Age 16 • Troop 97234  
Philadelphia County  
Girl Advisor • Girl Delegate •  
Bronze Award • Service Unit  
Delegate • Take the Lead  
Chorus, Social Media and  
Raffle Rover

**How have you been able to set a good example and make a difference to younger girls in your community?**

Helping others has always made me feel happy and seeing them smile. I love helping younger Girl Scouts and look forward to being a counselor one day at camp, this has been my goal since I was a Brownie.

**What new things did you try including social media to make your virtual cookie season a success?**

Social media has been a big help with sales this year since I was in all virtual schooling this year. I was able to reach out to classmates and teachers via school chat boards and sending emails out to those I could not see in person who also helped spread the word of my cookie sales.



# 5 REASONS EVERY GIRL SHOULD BE A #COOKIEBOSS

## 1. Join the largest girl-led business IN THE WORLD

This 104-year-old program is a Girl Scout tradition. Who'd want to miss out on this?

## 2. Become your own boss

Learn the determination, confidence, and vision it takes to set goals and reach them.

## 3. YOU decide how to use your cookie recognition & troop's cookie proceeds

Travel the world, make your community better, help a charity or those in need, take on adventures at Girl Scout camp, or set your sights on some amazing prizes! It's up to YOU!

## 4. Be VIP for a day

Sell 500 boxes of cookies or more and enjoy a special event!

## 5. Sell 1,000+ boxes and enter the Cookie Boss Class of 2022

As a Cookie Boss, you'll be celebrated throughout the year (and with a very special party). Who knows, you may even be on TV!

Beyond all that, you'll gain skills in money management, how to talk to people, and business ethics. Don't forget, individually registered members and Girl Scouts of all ages can participate in the Cookie Program! Check out the Cookie Boss Class of 2021 on the next page!



**Learn more!** Visit the cookie section of our website for more info.



# GSEP Cookie Boss CLASS OF 2021



In the following pages, you'll meet 351 girls who raised the bar and reached their goals! These go-getters each sold 1,000+ packages of cookies, earning a spot into the prestigious Cookie Boss Class of 2021. From traveling the world to earning their Gold Award, these #CookieBosses deserve a shout out!

## Daisies

Abbie M., Troop 20586	Katelyn K., Troop 05708
Abbie M., Troop 05555	Kenzie B., Troop 04313
Abigail R., Troop 00928	Krystal F., Troop 513
Amelia K., Troop 01694	Layla B., Troop 22088
Annabelle W., Troop 06032	Lillian K., Troop 08361
Ariana R., Troop 00053	Lily D. Troop 02531
Avery H., Troop 51251	Lily K., Troop 02117
Aya., Troop 05408	Lucy J., Troop 05555
Caitlin H., Troop 07108	Maci B., Troop 9161
Charlotte D., Troop 54095	Madison S., Troop 07498
Charlotte L., Troop 01694	Maura H., Troop 573
Elaina M., Troop 01521	McKenzie K., Troop 02111
Ellie B., Troop 11064	Millicent C., Troop 902
Emily C., Troop 41242	Nora C., Troop 07044
Evelyn C., Troop 04219	Olivia D., Troop 02703
Genevieve G., Troop 00780	Olivia G., Troop 104
Grace M., Troop 07893	Phoenix L., Troop 22028
Gracie S., Troop 07639	Piper W., Troop 07108
Harper S., Troop 08007	Rabiya J., Troop 71159
Ireland L., Troop 1694	Skylar L., Troop 00751
Jordyn J., Troop 295	Valeria B., Troop 212
Josephine L., Troop 01694	Zoe D., Troop 07268
Juliet O., Troop 07092	Zoey C., Troop 08267

## Brownies

Addison M., Troop 5086	Danica H., Troop 9552
Alaina H., Troop 8019	Ella R., Troop 9378
Alexis D., Troop 1709	Emily C., Troop 2034
Alyssa Z., Troop 72140	Emily S., Troop 7289
Astrid E., Troop 72140	Emma K., Troop 22035
Aubree B., Troop 53233	Emmeline C., Troop 902
Ava M., Troop 71140	Fiona M., Troop 7776
Bailey D., Troop 71209	Gabriella M., Troop 212
Brandi A., Troop 4932	Gia P., Troop 9589
Brianna E., Troop 5055	Grace M., Troop 8019
Brooklea H., Troop 8756	Hanna S., Troop 8467
Brooklyn K., Troop 773	Hannah D., Troop 7776
Brooklyn M., Troop 1727	Hannah S., Troop 2692
Brooklyn P., Troop 5086	Harley H., Troop 2876
Cadence D., Troop 859	Harper B., Troop 902
Caitlyn W., Troop 2838	Harper H., Troop 3305
Carina M., Troop 2876	Hope P., Troop 71140
Carly D., Troop 9712	Isabella G., Troop 7270
Cassidy B., Troop 5374	Isabella M., Troop 7767
Charlotte M., Troop 21722	Issabella A., Troop 4129
Chelsi N., Troop 2628	Janiyah S., Troop 22028
Cirya C., Troop 9210	Jocelyn N., Troop 2876
Courtney H., Troop 71947	Julia S., Troop 7767

Juliana H., Troop 573  
 Kandice R., Troop 21  
 Karen F., Troop 7776  
 Kaylee A., Troop 21902  
 Kaylee K., Troop 1373  
 Kendall M., Troop 53451  
 Kenzie P., Troop 21963  
 Kristen B., Troop 73674  
 Layla A., Troop 21374  
 Leighana B., Troop 409  
 Lily M., Troop 5140  
 Madalynn W., Troop 8480  
 Madison D., Troop 7270  
 Madison E., Troop 212  
 Matilda B., Troop 7435  
 McKenna F., Troop 3305  
 Molly M., Troop 767  
 Monee M., Troop 9609  
 Morgan D., Troop 11154

Nina O., Troop 7220  
 Olivia K., Troop 902  
 Orla D., Troop 902  
 Raena L., Troop 11098  
 Rebecca W., Troop 2384  
 Rhyan M., Troop 2384  
 Riley J., Troop 41403  
 Ryder D., Troop 212  
 Sarah Jane W., Troop 71947  
 Sariya J., Troop 22028  
 Savannah V., Troop 409  
 Scootaloo L., Troop 6169  
 Shaina A., Troop 51129  
 Shoshana C., Troop 21640  
 Siena C., Troop 72140  
 Siena P., Troop 4466  
 Sophia L., Troop 773  
 Valentina L., Troop 9712

# Juniors

Aaliyah Y., Troop 9785  
 Abigail H., Troop 8027  
 Abigail R., Troop 91164  
 Adalynn P., Troop 73031  
 Addison Q., Troop 627  
 Addyson M., Troop 406  
 Adriana A., Troop 4406  
 Adrianna R., Troop 285  
 Akira D., Troop 2763  
 Alena W., Troop 9785  
 Allena S., Troop 53  
 Alyssa A., Troop 722  
 Amber H., Troop 8614  
 Amy W., Troop 9012  
 Angelina V., Troop 8422  
 Anna Grace H., Troop 406  
 Anna M., Troop 53462  
 Arianna C., Troop 4178  
 Azariah R., Troop 53  
 Bailee T., Troop 8587  
 Brianna T., Troop 7130  
 Bridget G., Troop 9378  
 Caitlin H., Troop 5087  
 Calianna S., Troop 3305  
 Cara B., Troop 7040  
 Diahna S., Troop 9454  
 Elizabeth Virginia B., Troop 2692  
 Ella B., Troop 7040  
 Ella C., Troop 578  
 Ella D., Troop 544  
 Ella W., Troop 1287  
 Emily I., Troop 7124  
 Emma H., Troop 605  
 Emma P., Troop 9315  
 Gabriella P., Troop 247  
 Gabrielle C., Troop 9115  
 Gabryella S., Troop 91297  
 Gwendolyn D., Troop 7715  
 Hannah S., Troop 7194  
 Haylee M., Troop 415  
 Hayley K., Troop 6142  
 Imani C., Troop 7715  
 Isabella G., Troop 7123  
 Isabella M., Troop 7156  
 Isabella R., Troop 2676  
 Jabria R., Troop 9247  
 Jadea B., Troop 51518  
 Jaelyn W., Troop 1263

Jane C., Troop 77801  
 Jocelyn B., Troop 51129  
 Jolene H., Troop 8060  
 Julianna P., Troop 2296  
 Kara M., Troop 1818  
 Keira R., Troop 71273  
 Kenadie L., Troop 7715  
 Kenedel K., Troop 9392  
 Kennedy C., Troop 7715  
 Kennedy F., Troop 21793  
 Kennedy M., Troop 1263  
 Khloe L., Troop 91297  
 Kylee D., Troop 3506  
 Leah H., Troop 3305  
 Lena C., Troop 381  
 Lylah M., Troop 9454  
 Mackenzie A., Troop 701  
 Mackenzie L., Troop 578  
 Madison G., Troop 7208  
 Maeve Q., Troop 57105  
 Magdalena B., Troop 7036  
 Makenna D., Troop 8433  
 Melody B., Troop 5393  
 Molly L., Troop 2064  
 Morgan L., Troop 690  
 Naomi C., Troop 7715  
 Natalia C., Troop 7389  
 Natalie H., Troop 51129  
 Natalie J., Troop 77801  
 Natalie R., Troop 91546  
 Olivia A., Troop 7264  
 Penelope H., Troop 730  
 Peyton J., Troop 77138  
 Riley V., Troop 8371  
 Ryleigh M., Troop 2566  
 Sani B., Troop 91572  
 Savannah H., Troop 9315  
 Shalese R., Troop 7028  
 Shannon H., Troop 5087  
 Shayla J., Troop 5101  
 Stella P., Troop 93547  
 Stella T., Troop 1263  
 Sydney H., Troop 573  
 Sydney K., Troop 578  
 Sydney R., Troop 601  
 Taegan Z., Troop 7006  
 Temperance S., Troop 2566  
 Catherine G., Troop 9378





## Cadettes

Abigail M., Troop 7063  
Abigail S., Troop 71790  
Adriana S., Troop 8373  
Alexis S., Troop 6459  
Allysse K., Troop 8587  
Aniah J., Troop 9744  
Asiya B., Troop 71159  
Aubrey P., Troop 21740  
Aundrea S., Troop 5405  
Autumn H., Troop 8133  
Ava K., Troop 21041  
Bella W., Troop 1453  
Brooke G., Troop 9744  
Caralyn G., Troop 51129  
Carolena G., Troop 42123  
Ciana B., Troop 9785  
Ciani S., Troop 9934  
Cyneathia R., Troop 5357  
DaMayah P., Troop 715  
Danae O., Troop 98327  
Donaita K., Troop 795  
Elizabeth M., Troop 1331  
Ellodie T., Troop 8587  
Emily R., Troop 5047  
Emma K., Troop 9744  
Gillian S., Troop 8587  
Gisele A., Troop 7157  
Grace J., Troop 2535  
Isabel A., Troop 7275  
Jada M., Troop 7753  
Janiya R., Troop 9247  
Jasmine B., Troop 51518  
Jayme H., Troop 5355  
Jessica B., Troop 71975  
Jessica S., Troop 5407  
Jordan H., Troop 5407  
Kaitlynne J., Troop 7287  
Katherine D., Troop 4215  
Kayla E., Troop 9629  
Kennedi P., Troop 8587  
Kiera M., Troop 5913  
Kori Ann R., Troop 71975  
Lauren K., Troop 9129  
Liana S., Troop 7100  
Lillian C., Troop 4082  
Lilyian E., Troop 2049  
Lydia B., Troop 4362  
Madelynn D., Troop 2035  
Madison J., Troop 9629  
Madison K., Troop 643  
Madison V., Troop 7275  
Maia L., Troop 4029  
Margaret M., Troop 2309  
Mary Ashlyn W., Troop 2812  
Maya K., Troop 21041  
Mia G., Troop 9120  
Minli M., Troop 4204  
Molly S., Troop 6741  
Muriel N., Troop 1524  
Na'ila L., Troop 71159  
Nylah E., Troop 91053  
Olivia D., Troop 1797  
Olivia W., Troop 2049  
Paige F., Troop 513  
Paige F., Troop 301  
Paige S., Troop 8847  
Paloma C., Troop 7686  
Penelope C., Troop 2034  
Rozaria K., Troop 795  
Ryleigh T., Troop 844  
Samantha B., Troop 4063  
Savanna T., Troop 643  
Sierra J., Troop 2065  
Simra S., Troop 70827  
Skye S., Troop 9785  
Sophia R., Troop 1453  
Sophie J., Troop 50220  
Taniyah D., Troop 7063  
Taylor H., Troop 1473  
Taylor K., Troop 5405  
Veronica R., Troop 9120  
Zameena A., Troop 7275

## Seniors

Bridget H., Troop 71182  
Cassidy R., Troop 741  
Christine M., Troop 7360  
Daniela W., Troop 81107  
Hannah I., Troop 7210  
Isabelle K., Troop 5320  
Jessica L., Troop 4077  
Lilly H., Troop 21603  
Madison L., Troop 1724  
Natalie D., Troop 21603  
Olivia B., Troop 72055  
Olivia D., Troop 2992  
Sara S., Troop 71471  
Susan M., Troop 2717  
Tara H., Troop 1359  
Vivian H., Troop 9934  
Elizabeth S., Troop 6851  
Erin W., Troop 91402  
Hailey H., Troop 5426  
Kayleigh B., Troop 2974  
Kylie P., Troop 9744  
Lillian K., Troop 7151  
Maliha L., Troop 71159  
Paige P., Troop 6169  
RebeccaLynn B., Troop 1192

## Ambassadors

Alessandra S., Troop 84014  
Amanda M., Troop 21105  
Chyra D., Troop 9696  
Cydny B., Troop 91504  
Elizabeth J., Troop 8225  
Emily F., Troop 21105  
Isabella H., Troop 2974  
Jocelynn W., Troop 682  
Kara H., Troop 874  
Kayla D., Troop 91  
Leah D., Troop 41365  
Lydia E., Troop 21105  
Mason H., Troop 5103  
Olivia H., Troop 9934  
Paris G., Troop 9696  
Phebe Anne W., Troop 9874  
Rosemary J., Troop 8225  
Samantha R., Troop 97234  
Simone J., Troop 9696



Want to join this group of inspiring Girl Scouts? Participate in the 2022 Cookie Program and make sure to bring your A-game and Girl Scout smile to every cookie-selling opportunity you find. With hard work and determination, you could be featured in these pages next year as a member of the Cookie Boss Class of 2022!

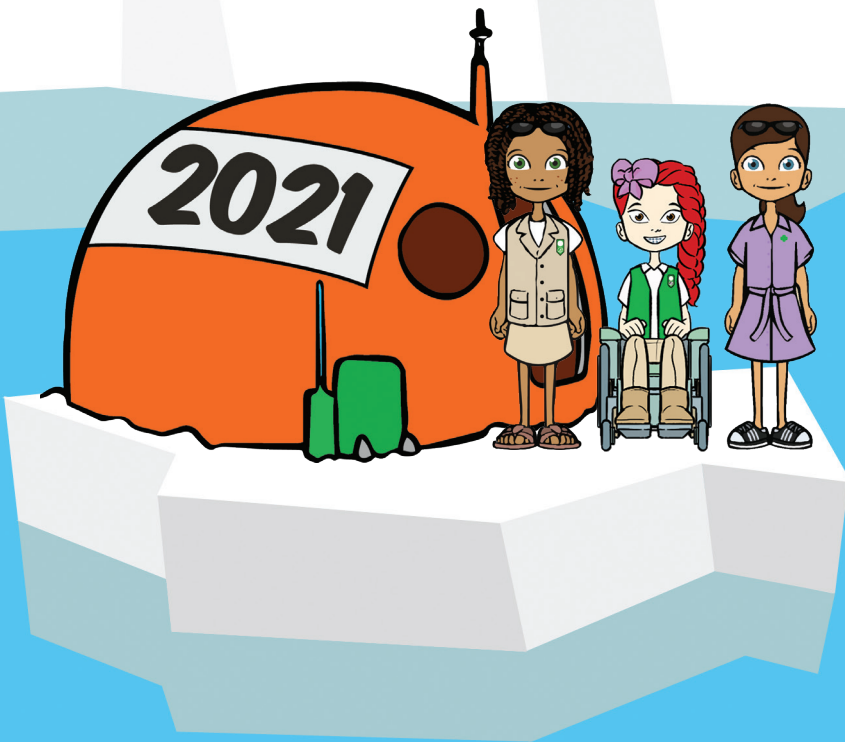
# Fall Product Program | OCT 15 - NOV 14

Starting **October 15th 2021**, GSEP is again partnering with M2 Media and Trophy Nut for the Fall Product Program. Troops will have the option to opt-in and participate in this high proceed opportunity.

Girls can design an avatar of their very own likeness with enough features to create over 3 billion avatars. This will allow girls to sell nuts and magazines to their neighbors, friends, and family from their own computer or smart phone, with the help of a grownup.

Girls will be able to record a personalized video or audio message to send to potential customers, along with their personalized ordering link, encouraging them to help her reach her goals. This will allow customers to shop for magazines, nuts, chocolates or make a donation to help their favorite Girl Scout!

This year, M2 and Trophy is using the penguin as a mascot. **Get your own personalized patch featuring your avatar and the penguin!**



Share your unique avatar with us on social media @GirlScoutsEPenn

# My Girl Scout Kit



**FREE BAG** with purchase of uniforms and printed Girl Scout materials!

**Or purchase the bag for \$10** with any uniform purchase over \$25!

Purchase must include at least one book or badge requirement\*, uniform components (vest, sash, and insignia) and equal \$60 to earn the free bag.

*\*Earned Awards and Badges are not included in My Girl Scout Kit. Kit bag valued at \$15.*



# Girl Advisors to the Board

Making the world a better place is a basic principle of what we do in Girl Scouts. How we accomplish that varies from girl to girl and community to community. Our efforts range from simple actions like smiling at another person to team projects like sewing COVID masks for first responders. We all can make a difference!

One way that girls can make GSEP a better place is to be involved in the bigger, broader area of governance. You may be asking, “what is governance? Am I going to run a campaign? Do I have to shake a lot of hands and kiss a lot of babies?” Although some of us might like those aspects, governance isn’t about politics but about getting stuff done.

In simple terms, governance is the way that a group of people agree to do things...and YOU can be part of the group making those decisions!

## YOU can raise your voice, influence change, and speak up on behalf of girls!

Each year, three girls are selected as **Girl Advisors to GSEP’s Board of Directors**. Girl Advisors hold seats at the table during meetings of the Board of Directors, where they provide girl insight and perspective on important matters. Plus, 30 girls are elected as **Girl Delegates** to represent the more than 35,000 Girl Scouts in GSEP’s nine-county footprint. Girl Delegates weigh-in on important issues at the two Delegate Council Meetings (September and March) and vote on new Board members and policies and procedures at GSEP’s Annual Meeting in May.

There are many benefits to becoming a Girl Advisor or Girl Delegate. You’ll get a pin for your vest or sash, opportunities to network with adult volunteers and Board Members, plus hands-on experience practicing parliamentary procedure and public speaking. Additionally, Girl Governance positions look great on a college application or resume.

Girl Advisors Paris G., Mikayla H., and Rachael T. shared what they’ve learned about participating in Girl Scout governance here at GSEP:



*Speak up and don’t be afraid to ask questions! I have learned to be a confident and creative communicator during my time as a Girl Advisor, and the experience also enhanced my leadership skills.*



*While being a Girl Advisor is a position unlike any other regarding your influence and opportunities, there is one piece of advice that applies to all Girl Scout roles: use your voice. If you have a question, ask it. If you have an idea or an opinion, present it. Never hesitate express what you’re thinking, even when no one else is.*



*As a Girl Advisor, you have a seat on the board and have a huge voice in the council. It is your responsibility to stand up for your council and the girls that are in it. Everyone wants you to succeed, so good luck!*

# Silver Award Take Action Project



Whether you're being a good neighbor, participating in school activities, addressing concerns in the community, or taking your quest for positive transformation to the local, state, national, or international level, **you are the catalyst for the change!**

**YOU CAN DO THIS!** Need some inspiration? Check out this Silver Award project and learn how Girl Scout Cadette Frieda A. is making the world a better place by sharing the impact of voting in this country:

*My project **Marching to the Polls** was focused on educating people on the importance of voting and registering them.*

*I came up with the idea after the 2016 election. Voting is very important, and one vote can change the world. Too many people do not vote and are not even registered to vote. Some people do not understand the importance of voting and just need some education to motivate them to vote. Others do not have the resources to know how to register to vote.*

*I thought before I started this initiative that I was very brave and not scared of talking to people who*

*I do not know. It turns out that I am very shy, and this was a challenge to me!*

*My team of girls helped boost my confidence. Together, we registered people at a high school, community events, and even different protests. My team registered over 100 people! We also answered a lot of questions people had about voting.*

*Additionally, I made a pamphlet on registering to vote, why it is important, what to do once you are registered, and about democracy. This pamphlet was translated into over 10 languages including Yiddish, Arabic, Japanese, and Russian. Other groups are now using my pamphlet for their own voter registration drives!*

*I learned a lot of skills, including some I didn't expect! I learned how to speak to people who are strangers about a subject I am passionate about and how to do basic graphic design. I learned that **I have a powerful voice and can impact the world in important ways.***



*Frieda & her team had their clipboards at the ready, to register people to vote at many, events!*

# Gold Award Take Action Project



One Girl Scout who was inspired to change her corner of the world is Gold Award Girl Scout Sarah K. She worked with her local government on a project to encourage people to get out and enjoy all the parks in her county.

How did she get started? By going to her favorite park – Trexler Nature Preserve! Sarah decided she wanted others to learn to appreciate the park as much as she did. She found out that Trexler is one of 11 parks managed by the Lehigh County Bureau of Parks and Recreation, so she contacted that department to offer her help. She suggested various projects including building something at a park, since she did set construction for her high school theater shows.

However, the county officials specifically asked that she create a brochure promoting all the parks since that is something the public had requested. Even though Sarah was not a professional photographer, writer, or designer, she enthusiastically embraced this project as an opportunity to learn new skills and share her love of the outdoors.

She worked directly with the Director of Parks and his assistant to understand what their needs and expectations were as well as staff from the Wildlands Conservancy, one of their partners in developing the Trexler Nature Preserve. They “treated me as an adult and as a professional,” she said. Sarah assembled a team to take many, many photographs of all the parks in the summer and fall of 2019 and then spent a few months curating the photos, editing the photos, writing the descriptive blurbs, and finally learning how to place the pieces together using new graphic design software.

Sarah learned that working with local government is a somewhat involved but worthwhile process, because “it’s not your own money you’re spending. It’s more serious, so you



have to protect the taxpayers' interests." Plus, there are rules and regulations safeguarding the citizens' concerns, so she had to get input and feedback from many departments to ensure the final product would serve the county's best interests. She thought it was interesting that the county had to apply for a grant from the state and then had to fight to get the project funded.

**"I learned you have to make yourself heard to benefit from the process."**

One of the conclusions that Sarah has arrived at after working with Lehigh County officials is that "not everything about politics and government is like what you see on TV. It's not so divisive." In fact, "there is a lot of government that you don't see, but you can learn about and can influence." She said she's come to realize that there are places like parks and libraries that are supported by the government, which are resources that help people in their everyday lives.

Everyone who lives in Lehigh County and our entire region can be proud that this Girl Scout found a way to influence her local government in a positive way. Sarah became the change she wanted to see in the world, and we are all better off because of her efforts.



## Civics Badges

*How do you start to change the world?*

A good place to begin is working on a badge that encourages you to interact with adults in our government and learn how they work to improve our communities. There are two civics badges for each age level (from Daisies to Ambassadors!), so there are a number of opportunities to fill your sash/vest!

Through earning these badges, girls gain an in-depth understanding of how local, state, and federal government works, preparing them to be voters, activists, and, potentially, political leaders. They research laws and how they're created, voting and the electoral college, the representation of women in government, and more. They also research their local government officials and are encouraged to meet them.

Plus, elected officials love to talk with Girl Scouts! You can find their contact information on their respective websites, so reaching out to them to set up a visit is a terrific way to fulfill one of the requirements of the civics badges and connect with people who are interested in how YOU are changing the world, too!

Visit [girlscouts.org](https://www.girlscouts.org) and search for civic engagement for more info and suggestions!



### For leaders!

For more resources and help in getting your girls engaged with their communities, check out the Civics and Democracy badges on the Volunteer Tool Kit (VTK).

# Adult Camping Weekend 2020

Every summer a group of our most engaged alum gather together at Camp Laughing Waters to reconnect with friends and share memories of their time at Girl Scout Camp. This weekend is also an important annual fundraiser for Girl Scouts of Eastern Pennsylvania in support of Older Girl Scholarships for continued education after high school. For the past several years this weekend has raised money to award \$1,000 scholarships to 10-15 Girl Scouts who demonstrate leadership involvement within their community.

Last year our alum could not gather together at camp but instead found a way to make this special weekend work virtually. Led by Ann Donley and Deb Walters, the Adult Camping Weekend Committee produced a wonderful virtual campfire that had over 70 participants. The evening was spent singing beloved Girl Scout songs over Zoom with the help of a very talented live band and included interviews of past scholarship recipients. While our alum could not gather together in person, they did not let that stop them from raising a record \$15,000 to award 15 scholarships to deserving Girl Scout high school seniors! Thank you Adult Camping Weekend!

To apply for this special scholarship opportunity in 2021-2022 membership year visit [gsep.org/scholarships](https://gsep.org/scholarships). To keep up to date with Adult Camping Weekend join the Facebook group ACW 2021 at GSEP.





# HOST YOUR TROOP AT A WORLD CLASS EVENT



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# What's Missing from Spark? YOU!

Want to see you and your troop in the pages of next year's Spark or across our digital platforms? Send us your photos! Show us the amazing things your troop is doing out in the community and beyond.



Troop 7268 celebrated Earth Day by completing a clean-up project as well as planting lots of flowers at William Penn Middle School in Yardley, PA.



Troops 7165 and 7190 along with Calvary Baptist Church provided bag lunches for the Church's soup kitchen in Norristown with the help of Coldspring Crossing Community Group. This lunch has been a tradition since 1992! The girls hope to return to serve in person when the soup kitchen reopens.



Team work makes the dream work! 5 troops: 6261, 6131, 6030, 6143, and 650 came together to collect a large handful of essential items and Girl Scout Cookies to be donated to Valley Youth House. This shelter has welcomed at-risk youth into their doors for 48 years.

**SEND US YOUR STORIES!**

✉ [communications@gsep.org](mailto:communications@gsep.org) | [f](#) [i](#) [t](#) @GirlScoutsEPenn



# CREATIVE CORNER

Use STEM and your inventiveness to create something new!

## Create a Soda Geyser!

This messy and fun experiment shows girls how two ingredients can create big eruptions! Enjoy this science-filled creation!



### Supplies

- 2 liter bottle of Diet Coke (room temperature)
- 2 rolls of Mentos
- 1 piece of Construction Paper
- Tape

### Instructions for a girl and a buddy

1. Remove the lid from the Diet Coke and set it the bottle of soda on a flat surface.
2. Roll the paper into a tube around a pack of Mentos mints, tape it into place and pull it off the roll of mints.
3. Hold your finger over one end of the paper tube and fill it up with Mentos mints. (It will probably hold a pack and a half of mints.) Check that the paper is unbent, so that the mints will easily fall from the end of the tube when you remove your finger.
4. Hold the tube of mints over the mouth of the bottle. (Older girls can do this themselves.) Do a count down and when you shout “one,” quickly dump the mints into the bottle and stand back.



# Transformative Learning, Empowered Future



Cedar Crest College recognizes and values the commitment of the Girl Scouts in the areas of service, leadership, achievement and cooperation. Scholarships are available for entering students that have demonstrated a commitment as a Girl Scout.

**Apply today at**  
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pennsylvania



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# Spot the Difference

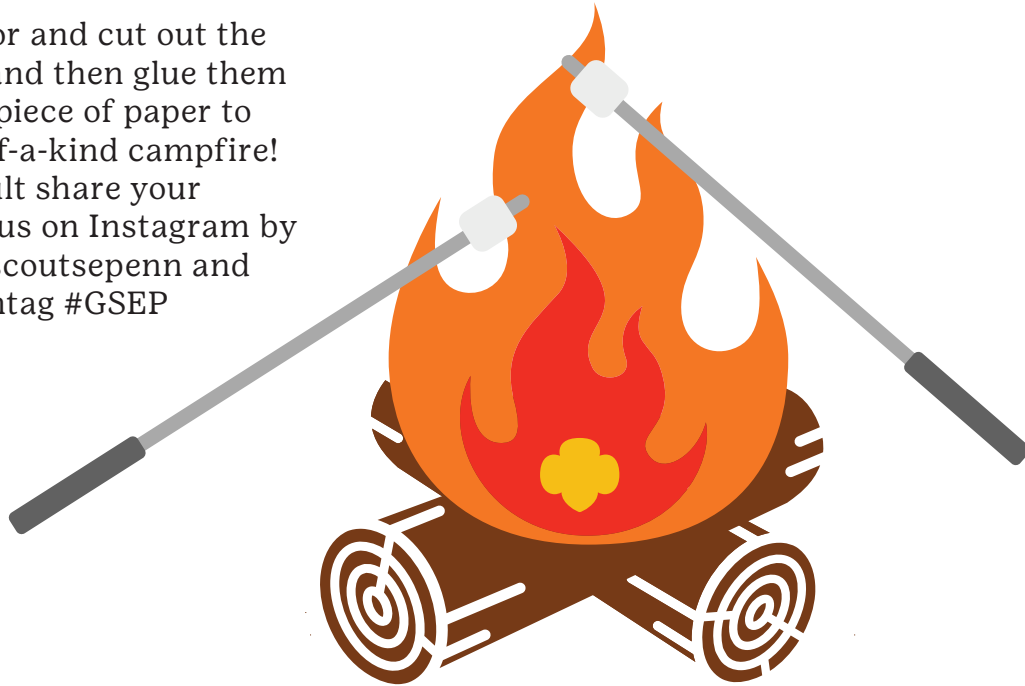
Daisies, find and circle the ten differences between the two pictures.



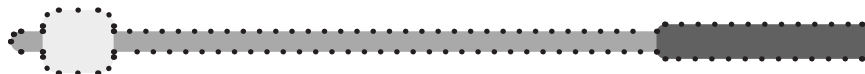
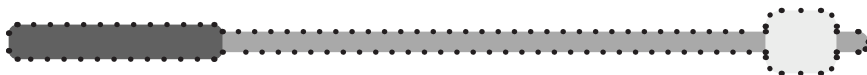
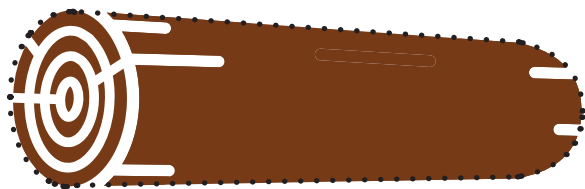
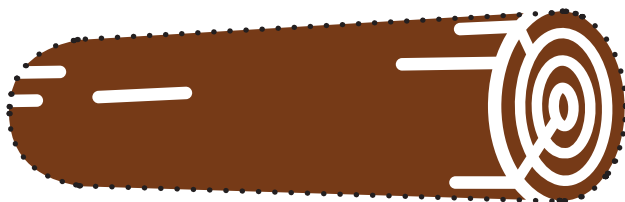


# Build Your Own Campfire!

Brownies, color and cut out the pieces below and then glue them on a separate piece of paper to create a one-of-a-kind campfire! Have your adult share your creation with us on Instagram by tagging @girlscoutsepenn and using the hashtag #GSEP



Cut along the dotted lines for each piece.





# Mmm, Mmmm, S'mores!

## S'mores Casserole

**Servings:** 8

**Prep Time:** 10 minutes

**Total Time:** 20 minutes

### Ingredients:

- Cooking Spray
- 2 c. marshmallows
- 6 (1.5 oz) chocolate bars broken into squares
- 1 sleeve graham crackers broken into rectangles
- 1/2 c. semi-sweet chocolate chips, melted.



### Directions:

- Preheat oven to 400° and grease a baking dish with cooking spray. Add half of marshmallows to prepared baking dish, then top with half of chocolate squares and half of graham crackers. Repeat.
- Bake until marshmallows are golden and chocolate squares have melted, about 10 minutes.
- Drizzle with melted chocolate.
- Serve and enjoy!

\*Recipe is courtesy of Delish.com

<https://www.delish.com/cooking/recipe-ideas/recipes/a57150/smore-casserole-recipe/>

# Bronze Award Spotlight

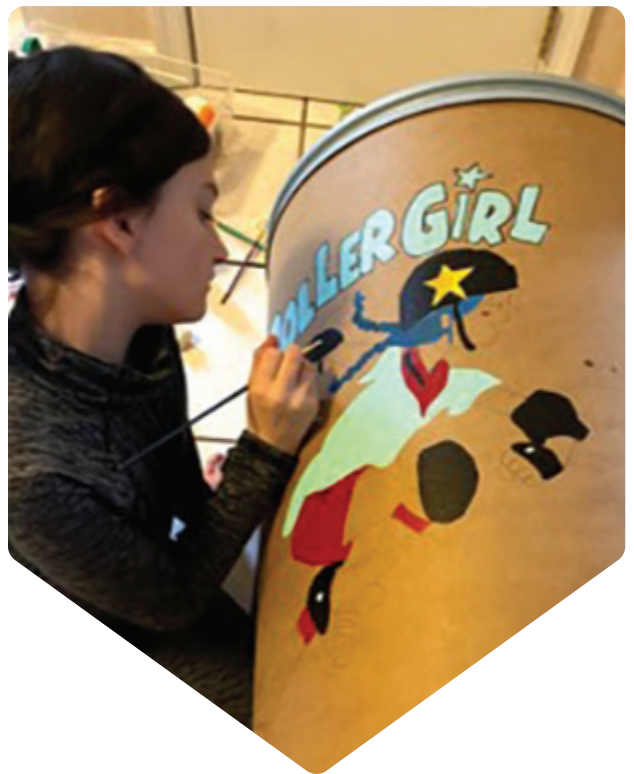
## Troop 8709 – Rolling Into Service

A number of girls in Troop 8709 attended winter and summer camp. At both sessions, at different camps, within Girl Scouts of Eastern PA, there were not enough roller skates and helmets in the appropriate sizes to have all of the girls participate at the same time. Girls noticed that because of the lack in variety of sizes sometimes only 2 out of 15 girls could skate, and some couldn't skate at all. Learning to skate (roller skating and skateboarding) is something Troop 8709 has been practicing since they were Daisy Girl Scouts. It takes a lot of practice to be comfortable on skates and the cost of roller rink admission can get expensive. Having enough roller skates and helmets at Girl Scout camps provides more girls the opportunity to learn a lifelong skill that keeps girls and future adults happy and healthy.

The goal of their Take Action project was to increase the possibility that girls are using skates that are in good condition, in their correct size, and have available safety gear. Girls in Troop 8709 organized skate and gear collection and donated them to GSEP camps.

First, girls worked through a budget and estimated how many skates and of what sizes were could buy. The Troop was awarded a grant from Toyota Financial Services. Girls created digital flyers and a video that were shared on parent's Social Media and Facebook Marketplace. Then, they created a donation box that was stationed at Lehigh Valley Academy (LVA). After all donations were collected, helmets, pads and skates were cleaned by the troop. The girls were also able to order adjustable skates from Cadiff. They tried out the new skates and made videos of how to put them on and adjust them to your feet.

The first round of donations were made to Camp Mosey Wood in December 2019. Troop 8709 hopes to get a second round of donations to give to Camp Wood Haven in the near future.



- |              |             |
|--------------|-------------|
| Adriana R.   | Lily T.     |
| Cinthia M.   | Mariana B.  |
| Ella P.      | Mckayla L.  |
| Judy C.      | Mckinzie L. |
| Kara D.      | Olivia Z.   |
| Josephine D. | Sara R.     |
| Lily S.      | Sofia B.    |

\*Photos were taken prior to COVID-19

# Bronze Award Spotlight

## Troop 445 – Inspirational Words

The G.I.R.L. in Girl Scouts—Go-getter, Innovator, Risk-taker, Leader (TM)—has made a long-lasting impression at the Collegium Charter School (CCS) 500 Building through an inspired project to enhance the girls’ and boys’ bathrooms on both floors. Troop 445 decided to work toward their Bronze Award—the highest award a Junior Girl Scout can achieve. Their first steps were to form a team and identify a community project that would have a long-lasting, positive effect. Since most of the Troop’s members started school at CCS and joined Troop 445 in Kindergarten or 1st Grade, it was easy to decide on a project to benefit CCS. Girl Scout Troop 445 decided to focus their Bronze Award on a project that will provide positive messages to help bring CCS students together and boost their confidence and creativity.

Earning the Bronze Award required organization, leadership skills, creativity, and determination. After deciding to “rehabilitate” the 500 Building’s bathrooms, the Girl Scouts prepared a plan of action. They submitted a project proposal and made a presentation to Mr. Murphy, the 500 Building’s Principal, which he quickly approved. Next, the Girl Scouts surveyed their peers about design themes, got the selected designs and materials approved, completed fund raising activities to purchase supplies and received some materials donations to help offset troop costs, gathered their stencils, paint, and supplies, and got to work!

Everyone in the 500 Building agrees that the Girl Scouts’ work has already been well received by students. “I’m very impressed with the Girl Scouts’ teamwork, planning, and work habits,” shared Mr. Murphy. “Their plan to motivate students throughout the day with encouraging, inspirational sayings is already succeeding!”

Discover how to earn the Bronze Award at [www.gsep.org/highest-awards](http://www.gsep.org/highest-awards)



Abby D.  
Bailey S.  
Brogan F.  
Eliza K.

Emma P.  
Izzy E.  
Maddie O.  
Sadie S.



\*Photos were taken prior to COVID-19

# Silly Scramble

Unscramble the camp-themed words below and write them in the spaces on the right!

1. FIMPCREA

\_\_\_\_\_

2. NETT

\_\_\_\_\_

3. DNESRIF

\_\_\_\_\_

4. GEIESNPL AGB

\_\_\_\_\_

5. ORSEMS

\_\_\_\_\_

6. GIWMSIMN

\_\_\_\_\_

7. AMCP GNSSO

\_\_\_\_\_

8. UAHNGGIL

\_\_\_\_\_

9. KSAREOCHB IDR NIG

\_\_\_\_\_

10. AAGG

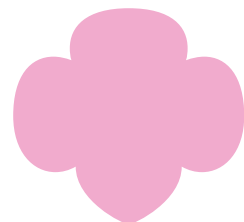
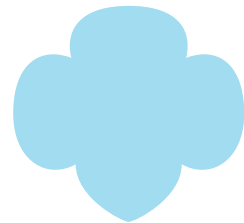
\_\_\_\_\_

11. SOO URODT

\_\_\_\_\_

12. KERAP

\_\_\_\_\_



ANSWERS: 1. Campfire 2. Tent 3. Friends 4. Sleeping Bag 5. Smores 6. Swimming 7. Camp Songs 8. Laughing 9. Horseback Riding 10. Gaga 11. Outdoors 12. Kaper

Now, that you've unscrambled the words, use them to fill in the sentence below about camp!

1. Tired of virtual everything inside? Get \_\_\_\_\_ at Girl Scout camp this year!
2. Are you coming to resident camp this year? Don't forget your \_\_\_\_\_!
3. Not sure about sleeping in a \_\_\_\_\_ at camp? Our camps have cabins too!
4. Never leave a \_\_\_\_\_ unattended! An adult should always be present.
5. My favorite sticky dessert at camp is definitely \_\_\_\_\_!
6. If you've never heard of the game \_\_\_\_\_ before camp, you will after attending!
7. Beat the heat of the summer with \_\_\_\_\_ at camp!
8. Saddle up and get ready to ride! Did you know \_\_\_\_\_ is something you can do at some of our camps?
9. You'll be sure to create a \_\_\_\_\_ chart to divide up camp responsibilities at camp.
10. Don't know any \_\_\_\_\_ ? You'll learn plenty of these at camp!
11. You'll be sure to leave camp having made new \_\_\_\_\_!
12. \_\_\_\_\_ is DEFINITELY encouraged at camp!



# Cadettes, Make Sure Your Year is on Target!

## Target Practice

Can't decide what badge or activity to do and ready to flip a coin? Let's make it more fun that that!

**Step 1:** Make a Mini Bow, as described in the steps to the right.

**Step 2:** Take the page to the right and tape it on a wall. Note – if using optional paint method, a trash bag taped behind this paper would be a great resource to protect the wall.

**Step 3:** Dip arrows in either paint or water.

**Step 4:** Shoot your arrows at the targets.

**Step 5:** See what you hit and plan it into your year!

Not quite able to do all these options, but still want to use this method to help make some decisions? Change the target names to fit what works for you and your troop!

### How to Make a Mini Bow and Arrow

Materials Needed: popsicle stick, dental floss or fishing line, craft knife, cotton swabs, bowl of water, optional – paint

**Step 1:** Soak a popsicle stick for about an hour.

**Step 2:** Cut two small notches, one on each side, into each end of the popsicle stick.

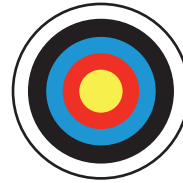
**Step 3:** Bend popsicle stick into bow shape, if it doesn't bend easily, soak more, so you don't break it.

**Step 4:** Tie dental floss or fishing line to one end of bow, to sit in the notches. Bring line taut to other end and tie in second set of notches.

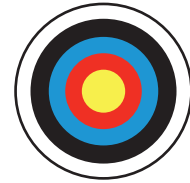
**Step 5:** Cut one end off of cotton swabs to use as arrows.

**Step 6:** Cut notch in the center of the end of what is now your shaft. This will help the arrow steady on the fishing line bow string.

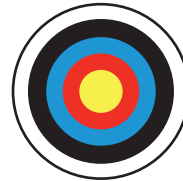
**Step 7:** Optional – dip end of cotton swab in paint and shoot, so you see exactly where it hits!



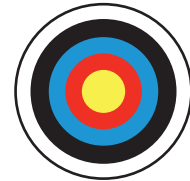
STEM  
Badge



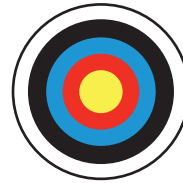
Outdoor  
Badge



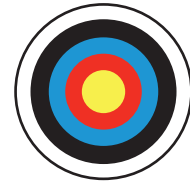
Service  
Opportunity



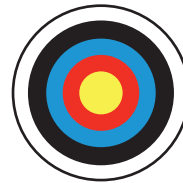
Silver Award



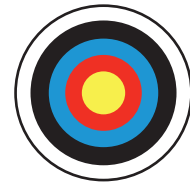
Overnight  
Trip



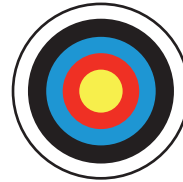
Help a Younger  
Girl Troop



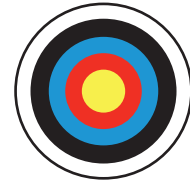
Life Skills  
Badge



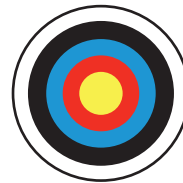
Entrepreneurship  
Badge



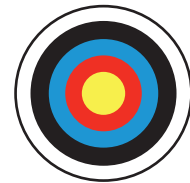
Weekend  
Camping



Day Trip



Run an  
Event



Day Program  
at Camp

# Aim for the Bullseye!

What is your bull's eye this year? What is your main goal? When embarking on any journey, it is helpful to know the end goal. This keeps you focused along the way to make sure to hit your mark! Use the target below to help plan out your year. You can even copy this page and use it to help you look at your smaller goals and larger goals this year. Some suggested opportunities are around the page to help spark your thought process. Ready, aim, and hit your target!

Participate in Take the Lead      Become part of the Fashion Patrol

Give back to my community      Earn the Silver Award

Travel to Savannah      Earn a Journey

Step 1: \_\_\_\_\_

Step 2: \_\_\_\_\_

Step 3: \_\_\_\_\_

Step 4: \_\_\_\_\_

Goal: \_\_\_\_\_

Build a Robot      Go Zip Lining

Go Rock Climbing      Sell 500 boxes of cookies

Travel to a Destination      Become part of the Heritage Patrol

Compete in a Cooking Contest      Become part of the Mean Green Canoe Team

Travel to \_\_\_\_\_

# Silver Award Spotlight

## Julia H. – Home Safe Home

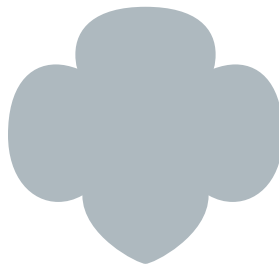
My name is Julia and I am a Senior Girl Scout. For my Silver Award, I worked on installing carbon monoxide detectors into homes that did not have them. A couple years ago, after a big snowstorm, our home's carbon monoxide detector went off. When the fire department showed up, we found out that the snow had been blocking a vent from our home's heating system exhaust, creating the buildup. We waited in the fire trucks for a couple of hours until they determined that it was safe to go back into the house. After this event, I started educating myself more on the dangers of carbon monoxide. Knowing that over 400 Americans pass away each year from this odorless, colorless gas, I wanted to do something to help the problem.

Because of Covid, I had to get creative with how I would fundraise and get the word out. Normally, I would have gone to local businesses and ask them to help support or donate to the project, but I did not see that as an option this year. My neighborhood has an annual Yard sale. I used this as an opportunity to fundraise for my project. In addition to the yard sale, I asked friends & family to help contribute to my project in lieu of birthday presents.

The next challenge was finding people in need of carbon monoxide detectors. Since a lot of community events were cancelled this year, it was hard to get the word out to larger groups of people at once. I used my local state representative (and fire chief) Frank Farry as an advisor on this project and asked if I could attend his local shredder event. My team members and I spent the day collecting names and sharing information about the project. In addition to this event, I also passed letters throughout my neighborhood, and had family post on local Facebook sites.

Trying to complete this project while in school, I had to get organized in order to make this happen. I made a calendar for appointments, and limited my installations to Fridays, Saturdays & Sundays. Weekday evenings was when I would call the future recipients, and make appointments to install their alarms. I am proud to say that 23 detectors were installed into homes that didn't have them.

Many years in Girl Scouts has taught me to be creative, resourceful and to think outside the box. My advice to fellow Girl Scouts is that even in the most challenging times, you can still achieve your goal.





# Gold Award Spotlight

## Alexa M. – Fix the Trail

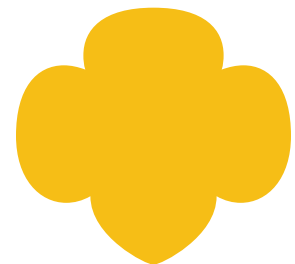
The journey of my Girl Scout Gold Award project, “Fix the Trail” began in 2018 when I was a senior in high school. The project was inspired by my love of flora & fauna and the want to establish something that could educate others on nature local to the area. The BSES Nature Trail was created when I was a student at the elementary school and I remember always enjoying the class trips there and experiencing nature. Maintaining the trail was a weekly job that could be volunteered for by a family, to make sure there was no litter throughout and that everything was in order.

For my project, I researched the local flora & fauna along the community nature trail which is 6/10th of a mile in length. I made informational signs to be attached to the posts along the trail that served as guides as you explored. I developed interactive signposts as well, using QR code technology that can be accessed and scanned with any smart device, leading the visitor to recordings of information on animals and plants native to the trail.

The main issue that my Girl Scout Gold Award project was addressing was the lack of upkeep that had plagued the communal attraction for a decent amount of time. The trail needed improvements and updating in several areas along the route, as well as a more interactive and engaging experience for families and students.

The Gold Award Project experience improved my overall leadership and citizenship skills. There is a rewarding feeling after seeing something that you have planned and mapped out for months come to life be completed. While a major obstacle that my team and I had to overcome was the weather all throughout the project, we accomplished what needed to be done and our hard work paid off.

Advice that I would give to Girl Scouts starting the planning process of their Gold Award Project is to establish your main issue and ideas on how to fix it early. I would recommend beginning your project process Junior/Sophomore year, as not to distract from important events throughout your high school careers, such as the college application process or advanced classes that you may be taking. This allows you a greater amount of time to establish your timeline and execute it to its’ fullest. If considering an issue revolving around the outdoors or an environment similar to mine, my recommendation is to commence your hands-on work when the weather in your area is at its best, such as the spring or summer months, in order to avoid any meteorological obstacles during your project completion hours.



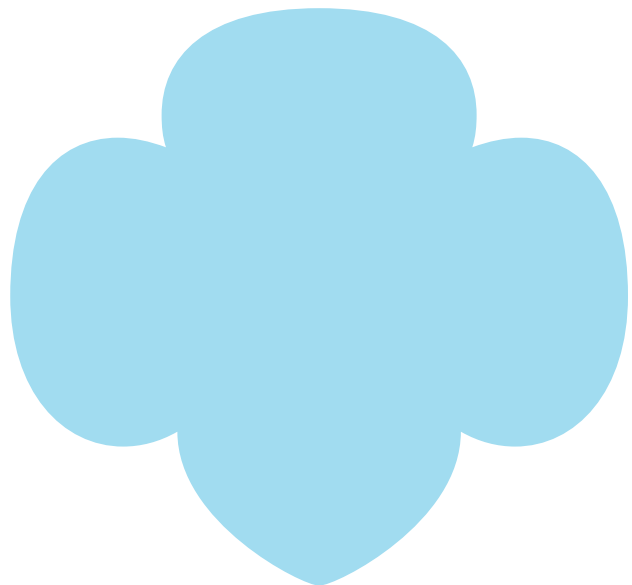
# Self Care Tips for Teens (& Everyone Else, too!)

Self-care is all about paying attention to YOU. It is anything that helps you stay physically, mentally, or emotionally happy. While we're constantly being told to do things like drink eight glasses of water per day and maintain a well-balanced diet for our physical health, we're not often reminded to take care of our mental health. Now more than ever, we need to find ways to take care of ourselves mentally and emotionally. Let's strive to make self-care a part of our daily ritual.. Check out our tips for showing yourself the love you deserve!

## Meditation

Meditation nourishes your mind, body, and soul all at once. Practicing meditation reduces stress and feelings of depression, manages anxiety, connects you to your inner self, promotes self-discovery, and improves sleep. It also increases emotional intelligence, self-awareness, and gratitude, helping you to be your best! Not sure how to start this practice? Follow the steps below to find a more peaceful you. For more information on meditation, visit [www.mindful.org/how-to-meditate](http://www.mindful.org/how-to-meditate).

1. Find a place that feels calm and quiet to you.
2. Sit or lie comfortably. You can sit in a chair with your feet on the floor, you can sit loosely cross-legged, you can kneel, you can lay – whatever feels right for your body.
3. Close your eyes.
4. Feel your breath. Follow the sensation of your breath as it goes in and out. Don't try to change your breathing pattern; simply notice and feel your natural breath.
5. Focus your attention on the breath and on how the body moves with each inhalation and exhalation. Notice the movement of your body as you breathe. Observe your chest, shoulders, rib cage, and belly. Simply focus your attention on your breath without controlling its pace or intensity.
6. Inevitably, your attention will leave the breath and wander to other places. When you notice that your mind has wandered, simply return your attention to the breath. Don't judge yourself or pay attention to the content of the thoughts you find yourself lost in. Just come back and refocus on your breathing.
7. When you're ready, gently open your eyes. Take a moment and notice any sounds in the environment. Assess how your body feels. Notice your thoughts and emotions. Show yourself gratitude for making your health a priority.
8. Maintain this meditation practice for two to three minutes to start, and then try it for longer periods.



### Hang Out with Loved Ones

Even if you're just sitting around in sweatpants binging a new series, spending time with friends can seriously make everything better. And yes, hanging out with your furry loved ones totally counts, too!

### Spend Time in Nature

Take a page from Japan's playbook. Shinrin-yoku, or forest bathing, is immersing oneself in the forest and soaking in the atmosphere through the senses. The sounds of the forest, the scent of the trees, the sunlight playing through the leaves, the fresh, clean air — these things give us a sense of comfort. Being in nature can restore our mood, give us back our energy and vitality, and refresh and rejuvenate us. You don't have to do much of anything; simply go to the forest and just be. For more information, visit [www.time.com/5259602/japanese-forest-bathing/](http://www.time.com/5259602/japanese-forest-bathing/).

### Get Creative

Paint, draw, dance, sing... whatever, whenever — let those creative juices flow, girl! Art enhances self-knowledge and self-expression, connects us to others, and helps with mindfulness. Creating art can be a powerful exercise for relinquishing negativity and embracing positivity.

### Try Yoga

Yoga practice is about healing the self through self-discovery and self-acceptance. A quick yoga sesh can awaken your body, increase your energy, balance your moods, and lift your spirits!

### Organize Something

As our favorite organizational consultant Marie Kondo says, "A dramatic reorganization of the home causes correspondingly dramatic changes in lifestyle and perspective. It is life transforming." Find a drawer, a closet, a room — anything! — to declutter and organize. Be sure to give a heartfelt thanks and goodbye to the items that no longer bring you joy before dropping them off at your local secondhand store.

### Do Whatever You Want

If it's healthy and it makes you happy, make it a priority. Soak in a bubble bath; cook a delicious meal; light your favorite candle; nap on the beach; read daily affirmations; volunteer for a cause you care about; gaze up at the stars; you could even go for a jog, if that's what you're into! Make the time and do it. Your mind, body, and spirit will thank you.

### Tell us you practiced self-care without telling us you practiced self-care #girlscoutselfcare



# Opportunities for Older Girls!

What's your favorite thing about being a Girl Scout? Whether it's the leadership opportunities, commitment to community service, having a blast at camp, spending time with your sister Girl Scouts, participating in unique events and programs, or all of the above, we have the thing for you! Learn all about the incredible ways you can stay involved and, of course, continue to fill that sash with shiny pins and special patches. Check off the opportunities that you're interested in to create your roadmap to success!

## Cadette

- Girl Scout Silver Award**  
The Silver Award is the highest achievement for a Girl Scout Cadette. To earn the award, a girl must identify a community issue, then plan and execute a 50-hour project that addresses a root cause of that community issue.
- Leader in Action (LIA)**  
Cadettes can earn a Leader in Action award by assisting a Brownie group on any of their National Leadership Journeys.
- Service Bars**  
These awards are earned when a Girl Scout provides 20+ hours of service to one organization, either in the Girl Scout community for a Service to Girl Scouting Bar, or beyond for a Community Service Bar.
- Silver Torch Award**  
This award recognizes Cadettes who act as leaders in their communities by serving for one full term in a leadership position.

## Senior

- Girl Scout Gold Award**  
The Gold Award is the highest achievement in Girl Scouting, earned by Seniors and Ambassadors. To earn the award, a girl must identify a community issue, then plan and execute an 80-hour project that addresses a root cause of that community issue.
- Counselor in Training (CIT I & II)**  
Seniors and Ambassadors with an interest in becoming a camp counselor should start with CIT I and CIT II.
- GSEP Scholarships**  
Seniors and Ambassadors can apply for GSEP scholarships to help cover the cost of things like Destinations and higher education expenses.
- Service Bars**  
These awards are earned when a Girl Scout provides 20+ hours of service to one organization, either in the Girl Scout community for a Service to Girl Scouting Bar, or beyond for a Community Service Bar.
- Silver & Gold Torch Award**  
This award recognizes Seniors who act as leaders in their communities by serving for one full term in a leadership position.
- Volunteer in Training (VIT)**  
This award is for Seniors or Ambassadors who mentor a Girl Scout Daisy, Brownie, Junior, or Cadette troop.

Want to learn more about opportunities for Older Girl Scouts? Sign up for our Older Girl Leadership Fair! More information can be found on page 3 of the Program Guide.

## Ambassador

- Girl Scout Gold Award**  
The Gold Award is the highest achievement in Girl Scouting, earned by Seniors and Ambassadors. To earn the award, a girl must identify a community issue, then plan and execute an 80-hour project that addresses a root cause of that community issue.
- Counselor in Training (CIT I & II)**  
Senior and Ambassadors with an interest in becoming a camp counselor should start with CIT and CIT II.
- Gold Torch Award**  
This award recognizes Ambassadors who act as leaders in their communities by serving for one full term in a leadership position.
- GSEP Scholarships**  
Seniors and Ambassadors can apply for GSEP scholarships to help cover the cost of things like Destinations and higher education expenses.
- Service Bars**  
These awards are earned when a Girl Scout provides 20+ hours of service to one organization, either in the Girl Scout community for a Service to Girl Scouting Bar, or beyond for a Community Service Bar.
- Volunteer in Training (VIT)**  
This award is for Seniors or Ambassadors who'd like to mentor a Girl Scout Daisy, Brownie, Junior, or Cadette troop.

## All Older Girls

- Girl Advisors to the Board**  
Girl Advisors hold seats at the table during meetings of the Board of Directors, where they provide girl insight and perspective on important matters. The opportunity to network with business leaders and hands-on experience practicing parliamentary procedure and public speaking is unique!
- Girl Delegates and Service Unit Delegates**  
Girls can influence the direction of the Council by representing their Service Unit or sharing their perspectives on important issues at Delegate Meetings and voting on new policies and procedures at GSEP's Annual Meeting.

## Girl Scout Destinations

Girl Scout Destinations are the ultimate adventure for individual Cadette, Senior, and Ambassador Girl Scouts! Make friends from all over the country as you travel with Girl Scouts from different states.

## GS Says

GSEP's Girl Advisory Committee, GS Says, gives girls the chance to have their voices heard to make GSEP an even better place for all Girl Scouts. Learn more on page 77!

## National Council Session Delegates

Girls can influence the direction of the entire Girl Scout movement by serving a 3-year term as an NCS Delegate, by providing guidance to the National Board. They vote on national Board Members and national Board Development Committee Members. NCS Delegates discuss, debate, and vote on proposals impacting the entire Movement.

## Program Leadership

Older girls can participate in special programs throughout the year designed to teach them new skills and give them the opportunity to grow as leaders. Help with some of GSEP's signature programs such as Sundae Sunday, Cookie Captains, and Maple Sugaring.

## Take the Lead (TTL)

GSEP's signature fundraising event, Take the Lead is an event for the girls, by the girls. The event honors incredible women leaders from our community who are the positive role models our girls need today. Help with the flag ceremony, chorus, raffles, or more as a Cadette. Senior Girl Scouts are perfect for the role of Emcee. As an Ambassador, you can set your sights on the Presenter role which provides amazing mentorship from honorees and once in a lifetime creative writing and public speaking opportunities!

## After

### Young Alum

Stay involved with Girl Scouts even after high school graduation by joining the Young Alum group!

\* Girls must be 14 or older to apply for Girl Advisors to the Board, Girl Delegates and Service Unit Delegates, and National Council Session Delegates at the time of Election.

# GSUSA Destinations

Girl Scout Destinations are the ultimate adventure for individual Cadette, Senior, and Ambassador Girl Scouts! Make friends from all over the country as you travel with Girl Scouts from different states. There's a unique, life-changing experience for every girl. Explore some of the travel experiences Destinations have to offer.

Inspired to pack your bags yet? Learn more and enroll for 2022 Destinations online at [forgirls.girlscouts.org/travel/take-a-trip/destinations/](https://forgirls.girlscouts.org/travel/take-a-trip/destinations/). Applications open in May and are rolling until trips are filled – grab your spot now!



## Athens and the Islands

Discover the history, culture, and natural beauty of Greece on this 10-day Destination. You will explore all that Athens has to offer by visiting ancient temples and ruins. After exploring Athens, take a 5-day cruise around the Greek islands. Visit some of the most beautiful islands in the blue Aegean Sea including Mykonos, Patmos, Rhodes, Crete and Santorini.



## Sea to Summit: Maine Hiking Challenge

Set out on amazing hiking challenges throughout Maine and New Hampshire. Explore Maine's coastal shoreline and trails as you hike and camp in Acadia National Park; head to the White Mountains on the Maine/New Hampshire border to hike the trails in the White Mountains; experience the north woods of Maine summiting several mountains in Baxter State Park before summiting the majestic Mount Katahdin.





### Sea Turtle Retreat: Costa Rica

Have a passion for wildlife conservation? Start the New Year by helping endangered sea turtle populations, learning about environmental protection, meeting other Girl Scouts from across the United States, and exploring the rainforests, beaches, and volcanoes of Costa Rica. Plus, earn 10-15 hours of community service!



### Land of the Rising Sun: Japan

Explore the treasures of Japan past and present, from the bustling streets of Tokyo to the ancient temples of Kyoto. Stroll through sacred shrines, see the Great Buddha in Kamakura, and catch a glimpse of majestic Mount Fuji. Feast on an authentic tempura dinner, learn about the Japanese art of sumo, and enjoy a special overnight stay at a traditional Japanese ryokan.



### London & Poacher 2022

An amazing two-week adventure in two parts! First, explore the famous sights in and around the city of London. We'll even catch a show in the renowned West End theatre district and make a visit to Pax Lodge WAGGS World Center. From London, we'll head to Lincolnshire to camp under the stars with 5,000 new friends at the Poacher International Jamboree!



### Bio-Medical Engineering Immersion at the STEM Center of Excellence

Immerse yourself in the exciting career field of biomedical engineering through a rigorous, hands-on program offered at the STEM Center of Excellence, featuring interactive breakout sessions with experts from around the world. Then, make new friends and explore Texas culture with exciting evening events!

# MEET THE 2020 Gold Award Girl Scouts!

The Girl Scout Gold Award is the highest achievement in Girl Scouting. Girl Scouts of Eastern Pennsylvania proudly presents the 80 Gold Award Girl Scouts that earned this prestigious award in membership year 2020.

Even as the entire world faced extreme change and uncertainty, these Girl Scouts found a way to continue making the world a better place. Ask any of these Girl Scouts about their pathway to the Gold Award, and you'll hear tales of countless project pivots and a new set of obstacles that no Gold Award project has ever had to overcome. Yet, through it all, these 80 Gold Award Girl Scouts persevered – and that's the power of Girl Scouts!

## Ready to Go for Gold?

Visit [gsep.org/highest-awards](https://gsep.org/highest-awards) for more information and requirements.



Samantha A.\*



Alex A.\*



Sanchita B.\*



Maddie B.\*



Alexis B.





Cydney B.



Victoria B.



Corrin B.\*



Grace B.\*



Kelly C.



Sammi C.



Gina C.



Audrey C.\*



Maggie D.



Madison D.\*



Gabriella D.\*



Mariel D.\*



Amanda D.\*



Lydia E.\*



Georgia F.



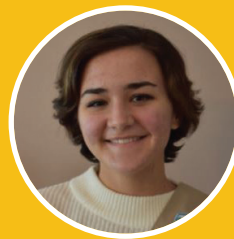
Saakshi G.



Caitlyn G.



Rachel G.\*



Jessica H.\*



Jamie H.



Delaney H.



Mikayla H.\*



Elizabeth H.\*



Vicki H.\*



Erin H.\*



Courtney H.



Nicole H.



Elizabeth J.



Amanda K.\*



Ayanna K.\*



Kaitlyn K.\*



Sarah K.\*



Elisabeth K.\*



Jenna K.



Shelby K.\*



Brooke L.\*



Gianna L.\*



Sophia L.\*



Eva L.\*



Kirsten L.



Keaira L.



Sydney M.\*



Gabrielle M.



Jessica M.\*



Madison M.\*



Jessica M.



Katie M.



Alyssa M.



Alicia M.



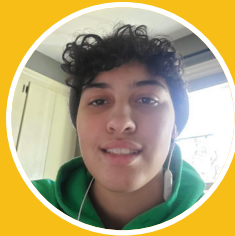
Amanda N.\*



Rachel O.



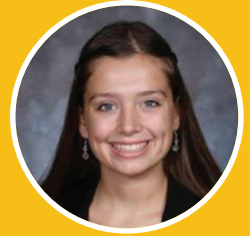
Titiksha P.



Jocelyn P.\*



Larissa P.\*



Trinity P.\*



Emily R.\*



Bianca R.\*



Ashley R.\*



Mackenzie R.\*



Skye S.\*



Kaylei S.



Alessandra S.\*



Emily S.



Val S.\*



Devyn S.\*



Josie S.



Hannah T.



Katherine T.



Caela T.\*



Brenna V.



Paige W.



Sereina W.



Kathryn W.



Marley Y.



Kiah Z.\*

# Trifecta Award

**Bronze. Silver. Gold. These represent the highest awards a Girl Scout can earn.**

The Trifecta Award honors girls who have earned all three of these awards. Girl Scouts of Eastern Pennsylvania celebrates 46 Girl Scouts who earned the Trifecta Award in membership year 2020. Talk about remarkable!



**Earn your very own Trifecta Award!** Visit [www.gsep.org/highest-awards](http://www.gsep.org/highest-awards) to learn more!

## Congratulations Girl Scout Scholarship Recipients!

### Being a Girl Scout literally pays off!

GSEP awards over 25 scholarships to Girl Scouts like you each year! What's more? You can also secure scholarships from Girl Scouts of the United States of America (GSUSA), local colleges/universities, and other organizations that Girl Scouts partners with – just for being the amazing G.I.R.L. that you've always been! Whether you've earned your Girl Scout Gold Award, hope to attend a GSUSA Destination, have found awesome ways to be a leader in your community, or are even just a graduating senior, we've got something for you!

Applications for GSEP scholarships open on November 1, 2021 and close on January 31, 2022. See the full list of GSEP scholarships, plus additional opportunities, on our website: [www.gsep.org](http://www.gsep.org)

### Congratulations Girl Scouts!

Abigail A.	Madison M.
Sanchita B.	Emmerson P.
Cydney B.	Trinity P.
Samantha F.	Morgan S.
Mikayla H.	Valentina S.
Erin H.	Rachael T.
Megan H.	Paige W.
Elizabeth J.	Sereina W.
Ayanna K.	Kathryn W.
Sarah M.	

# Get Outdoors Challenge

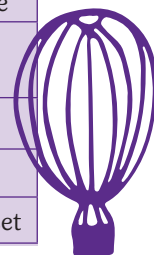
CUT THIS PAGE OUT TO TAKE WITH YOU ON YOUR OUTDOOR CHALLENGES

Daisy:	
Go for a walk	
Watch the clouds	
Have a picnic	
Visit a zoo	
Watch ants	
Sing a song on a walk	
Make up a game outside	
Jump rope outside	
Blow bubbles in your yard/park	
Meet a park ranger	
Make a leaf rubbing	
Explore your backyard	
Play on a playground outside	
Hug a tree	

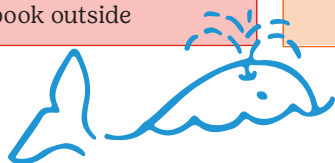


Brownie:	
Hike 1/2 mile	
Make a birdfeeder	
Pitch a tent	
Go on a pony ride	
Go on a bug hunt	
Learn your trail markers	
Build a fort	
Swim in an outdoor pool	
Watch fireflies at night	
Create a letterbox	
Play your favorite sport outside	
Measure the rainfall of a storm	
Learn how to identify a bird call	
Draw and play hopscotch	

Junior:	
Hike 1 mile	
Make a slip and slide	
Tie-dye clothing outside	
Go geocaching	
Go horseback riding	
Host a backyard campout	
Climb a tree/explore a treehouse	
Sing songs around a campfire	
Show someone your favorite outdoor space	
Complete a National Park Service Junior Ranger badge	
Have a water balloon toss and/or play in a sprinkler	
Create a sidewalk chalk art	
Write a poem about outside	
Swing on an outdoor swing-set	



Cadettes	
Hike 2-3 miles	
Make a flower crown	
Learn about archery	
Complete a challenge course	
Go stand-up paddle boarding	
Go backpacking for a night	
Ride your bike on a rail trail	
Help clean up a trail	
Learn pocket knife safety and how to whittle	
Spend some time meditating	
Beautify a garden	
Take a night hike with friends	
Draw a map of your favorite outdoor space	
Read a book outside	



Seniors:	
Hike 3-4 miles	
Mountain bike on a trail	
Go on a zipline	
Hike to see a sunrise or sunset	
Become a CIT	
Take photos of the outdoors	
Go primitive camping	
Go kayaking/canoeing	
Learn the stories behind three constellations	
Play a game outside with younger girls	
Go for a walk/run in a park	
Take a "nature selfie"	
Create a journal to track the changes of the seasons (plants, animals, weather, etc.)	
Pick fruit/vegetables from a local farm	

Ambassadors:	
Hike 5-6 miles	
Hike a trail with at least 1000 feet elevation change	
Take a wilderness first aid class	
Make a video/song about Leave No Trace	
Go rock climbing	
Explore a cave or cavern	
Help clean-up a water way	
Ride a bicycle 10+ miles	
Read the writings of a famous environmentalist	
Take a friend/sibling to your favorite park	
Learn how to use a camping stove and cook a meal or snack	
Volunteer/work at a GSEP camp/outdoor program	
Go to an amusement park	




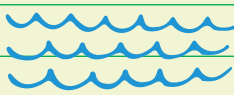

### All Grades:





Watch the sunset
Attend an outdoor sporting event
Build a fire (with an adult)
Visit a nature center
Play in the rain
Visit a farm
Put your toes in the sand at a beach
Attend a ranger talk/hike
Swim in a creek or lake
Volunteer to take a shelter pet for a walk
Learn how to use a compass
Send GSEP pictures/videos of your outdoor adventures to <a href="mailto:memberservices@gsep.org">memberservices@gsep.org</a>
Ride on a boat
Learn about your home watershed
Visit a state park
Visit a national park
Cook over a fire
Create art inspired by nature
Hike to an overlook/vista
Stay overnight at a GSEP camp
Go to a GSEP resident camp
Learn about the trees that grow in your neighborhood
Go whitewater rafting
Volunteer at a park clean-up day
Learn about wildlife rehabilitation

### All Grades Continued:

Tag #GSEPGetOutdoors on your social media posts about these challenge activities
Go fishing
Play disc golf
Go on a walk/hike with your whole family
Make s'mores over a campfire
See a waterfall
Tour a botanical garden
Visit a state forest
Visit a state park from another state
Play mini-golf
Hike a portion of a National Scenic Trail (North Country Trail, Appalachian Trail, etc.)
Attend a GSEP outdoor program
Complete a Journey activity outside
Observe a wild animal (from a safe distance)
Plant some herbs to keep in your kitchen
Talk to a family member about their favorite childhood memories of the outdoors
Find out about careers that involve outdoor recreation, restoration, etc.
Swim in an ocean
Camp at a campground
Learn about spiders
Ride a skateboard, bike, or rollerblades outside
Play outside with a pet
Earn the Naturalist badge for your GS level
Plan and/or complete a scavenger hunt
Play an instrument outside

CUT THIS PAGE OUT TO TAKE WITH YOU ON YOUR OUTDOOR CHALLENGES

**From October 1 to June 1, complete as many activities as possible from the list above.**

Complete at least 10 activities from your grade level (two can be from a younger grade level) and 30 activities from the all ages list, and you'll earn the Get Outdoors Challenge patch for your age level! Patches can be purchased at any GSEP retail shop!

Many activities can be completed at the same time. For example, a Brownie can hike a half-mile (grade-level activity) to an overlook (all ages activity) to watch the sunset (all ages activity), and she's completed three activities at once and can check off all three. See, this is easier than you think!

Girls can also substitute two activities from a younger grade level to count toward their grade level activity requirements. For example, an Ambassador can go stand up paddle-boarding, even though that activity is listed under a younger grade levels (Cadette). Or, she can help some younger girls work on an activity for their grade level, and the Ambassador can still count it towards her checklist.



# GIRL SCOUTS LOVE STATE PARKS 2021

Girl Scouts love the outdoors, especially our state parks! Girl Scouts Love State Parks is a national event that highlights a deep partnership between Girl Scouts and state parks in all 50 states.

## **When?**

September 11 & 12, 2021

## **Where?**

GSEP is planning for both in-person and virtual activities to celebrate. More info coming soon!

## **Who's Invited?**

Girl Scouts and their friends, families, and fellow community members are welcome to join in the fun.

## **National Patch**

Each year GSUSA creates a national Girl Scouts Love the Outdoors patch that girls can earn by completing outdoor activities on their own or with their troop! Participating in Girl Scouts Love State Parks (virtually or in-person), is a great way to check off some of the activities on your list. This year's patch will be available for purchase online as well as in our GSEP retail locations.

**\*\*New this year, the Girl Scouts Love the Outdoors Leader Challenge...the first 100 GSEP troops that complete the activity sheet for their level can complete an online form to receive 2 brand new Hydro flask water bottles for their co-leaders.**

For the most up to date information about how you can participate, visit GSEP's Girl Scouts Love the Outdoors page on our website.



# New Badge Programs!

## ENTREPRENEURSHIP BADGES

### Cookie Business

The NEW Cookie Business badges are the best way for girls to develop business skills and learn to think like entrepreneurs as they run their own business. Earning a Cookie Business badge gives girls a chance to reach new heights and unleash their potential as they work together with their troop to achieve team goals.



## STEM BADGES

### Math in Nature

Three badges per level for Daisies, Brownies, and Juniors

#### Badge 1 - Shapes in Nature

Girl Scouts observe and track the world around them, going on scavenger hunts in nature to find shapes and patterns in natural objects. They learn about concepts like symmetry and tessellation.

#### Badge 2 - Numbers in Nature

Girl Scouts explore time and measurement as they use math to understand more about the natural world around them. They do activities such as listen to crickets to tell the temperature and create their own natural units of measure.

#### Badge 3 - Design with Nature

Girl Scouts use all they've learned to do and create things for the outdoors, such as nectar feeders for butterflies or hummingbirds and hiking maps.



## DIGITAL LEADERSHIP

One badge per level for Daisies, Brownies, Juniors, Cadettes, Seniors, and Ambassadors

At each level, Girl Scouts look at what a community and leader is both online and in the real world. They consider how they already use technology and how they can use it to empower themselves and others. They learn digital literacy basics like not sharing personal information as well as digital wellness skills as they consider how to react and respond to situations like bullying and digital advertising. They then use all they've learned to create a digital product to raise awareness about a topic or cause they care about.



## GLOBAL AWARDS

The two awards listed below will be meetings on the Volunteer Toolkit.

### World Thinking Day

1 award for Daisies–Juniors  
1 award for Cadettes–Ambassadors

Girl Scouts celebrate World Thinking Day (February 22) by discovering a new theme each year, connecting with the global sisterhood of Girl Guides and Girl Scouts, and being active in their communities. The draft meetings for World Thinking Day will be available by early June.

### Global Action Award

1 award for Daisies–Juniors  
1 award for Cadettes–Ambassadors

Girl Scouts participate in activities that address the United Nations Sustainable Development Goal 3: Good Health and Well-Being and Goal 11: Sustainable Cities and Communities as they promote good health and sustainable cities in their communities and beyond.







**SESAME PLACE**

## Girl Scout Special

---



Tickets  
Start at **\$18** + Tax

OVER 75% SAVINGS!

**Booking Incentives:**

- Ticket includes 2021 Sesame Place Scout Patch
- 1 complimentary ticket for every 10 paid tickets

Visit [SesamePlace.com/Scouts](http://SesamePlace.com/Scouts)  
for available dates in 2021

---

With family-friendly rides, water attractions and live Sesame Street shows, your entire family will be entertained all day long!

TM/© Sesame Workshop

**Purchase online at [SesamePlace.com/Scouts](http://SesamePlace.com/Scouts) or contact [SPLGroupSales@SesamePlace.com](mailto:SPLGroupSales@SesamePlace.com)**

## Help Celebrate Our 25th Anniversary!

October 1996-2021



**AMERICAN  
HELICOPTER**  
MUSEUM & EDUCATION CENTER

[www.americanhelicopter.museum](http://www.americanhelicopter.museum)

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West Chester, PA 19380

Supporting girls leadership development

Oct. 8-10 • STEM Celebration

Oct. 22-24 • Anniversary FamilyFest

Oct. 30 • Haunted Helicopters

25!

BRING THIS COUPON

And receive ONE free child admission (ages 2-12) with one paid adult admission.  
Not valid for special events.



[www.americanhelicopter.museum](http://www.americanhelicopter.museum)

Expires 7/1/2022 SPK



# 27 CREATIVE ATTRACTIONS



## GIRL SCOUTS SAVE BIG!

Only \$3  
for fun patch



\$17.99  
per  
scout

### Group Rate Includes:

- Discounted admission and Fun Patch rate
- 1 FREE leader ticket
- 1 FREE chaperone ticket for every 10 scouts

**SPECIAL DEAL!** Mention "Spark Magazine" to receive 1 free additional leader ticket! Offer ends 12/31/2022.

\*Must have 10 or more guests.

### Experience Crayola's INNOVATION UNBOXED!



### Doodle, scrub, repeat with SCRIBBLE SCRUBBIES!



### Name & wrap your own CUSTOM CRAYON!



### See how crayons are made IN A LIVE SHOW!



## Not ready to visit?

Learn about our Home Adventure Kit!



[crayolaexperience.com/at-home-shop](http://crayolaexperience.com/at-home-shop)

## BOOK YOUR SCOUT TRIP TODAY!

Call (610) 515-8000, press 1 or email [groupreservations@crayola.com](mailto:groupreservations@crayola.com)

# EASTERN STATE PENITENTIARY

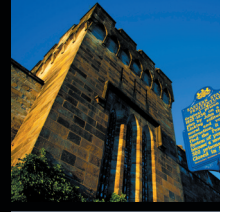


2027 Fairmount Avenue, Philadelphia, PA 19130 | [www.EasternState.org/Groups](http://www.EasternState.org/Groups)

Explore America's Most Historic Prison, located in the heart of Philadelphia. Learn about its revolutionary architecture, notorious prisoners, escape attempts and relevance today.

Now offering Scout Days!  
For more information, visit [www.EasternState.org/ScoutDays](http://www.EasternState.org/ScoutDays).

Discounted tickets are available for groups of 15 or more.  
For reservations, please call 215-309-4900 or e-mail [fs@easternstate.org](mailto:fs@easternstate.org).



Making a difference.  
It's better together.  
Volunteer with Girl Scouts.

# Older Girl Scout Collection

In case you missed the new items now available in GSEP Shops! Look for new uniform options for Daisies, Brownies and Juniors in October 2021 with the same attention to detail and an updated look and feel!



## **A. Skater Dress**

It's cozy. It's cute. It's here—your new favorite dress has arrived and, yes, those are pockets! Forest green dress features an embroidered purple trefoil detail on front. Designed for comfort, this super-soft dress is a fun and functional wardrobe staple.

## **B. Official Pocket Sash**

Introducing a sash designed for hands-free convenience! This sash was created with an interior pocket sized perfectly for a cell phone and necessities like an ID or money. Make an entrance at your next troop meeting by pairing it with our side-tie tee or chambray shirt dress. Khaki sash features Girl Scout Servicemark label and plenty of room to add your awesome insignia, awards, and badges.



## **C. Official Cargo Vest**

Need more pockets? We've got you covered! Add your Girl Scout insignia and all those hard-earned badges, or simply wear this vest as a lightweight layer. Designed for utility and style, it features two zipper pockets, two cargo pockets with snap closures, and an elastic cinched waist. Embroidered Girl Scout Servicemark on back at neck.

## **D. Charcoal Zip-Up Hoodie**

Casual coziness has arrived. With a classic fit and a super soft lining, this hoodie will quickly become your go-to for all seasons. Suit up in comfort with our matching charcoal joggers or pair with your favorite jeans. Want to free up some pocket space? Add our gray belt bag as a finishing touch.



## **E. Charcoal Drawstring Joggers**

These joggers run laps around other sweatpants! Equal parts comfort and sporty style, they're designed with structured details, like a fuller cut at the hip and thigh with a relaxed fit in the leg that tapers to the ankles. Layer up before practice, stay cozy at home, or take a hike with friends.

## **F. Heather Gray V-Neck Raglan Baseball Shirt**

This tee hits a home run! Comfy enough to catch the game at home but cute enough to wear out. Show you're on Team Girl Scouts with this heather gray tee.

Order yours now at [www.girlscoutshop.com](http://www.girlscoutshop.com). Free standard shipping on all orders!

# Alum Spotlight

## Beth Gutierrez

Beth Gutierrez is a Girl Scout mom to three amazing girls. She was a Girl Scout for five years and as an adult she has spent thirteen years volunteering for GSEP. Beth is the Service Unit Manager for Oxford Valley Service Unit 635 and also serves as their Service Unit Registrar, Treasurer, and Events Coordinator. What Beth loves most about Girl Scouts is its sisterhood. She is always recruiting girls everywhere she goes, and thanks to her leadership, Oxford Valley Service Unit was the first service unit to hit their membership goal this year.

Community service is a huge part of Girl Scouting, and through Beth's leadership her Service Unit has been able to support their community in so many meaningful ways. This year several families in their area were able to have a Christmas because of Oxford Valley

Girl Scouts' generosity. Beth personally wrapped every present her service unit donated so that families in their community would have a special holiday season.

Beth is a go-getter and does not shy away from responsibilities. More than just a Service Unit volunteer, Beth is also a troop leader for three troops. When asked what it meant to her to serve girls Beth shared, "the most amazing thing about being a volunteer is watching shy little girls grow into confident women. I have had the pleasure of playing a part in the lives of almost 200 girls in my own troop, not to mention the service unit. There is nothing better than knowing that they have experienced things they could have never imagined and grown because of it. It is also amazing that I get to push myself to do things I never thought possible."



This photo was taken when Beth (right) was a Brownie, participating in a bridging ceremony.



Beth (right) attending a Volunteer and Girl Award event for their Service Unit in 2021.

# TAKE THE LEAD

## Lead with Courage, Confidence & Character

### WHAT IS TAKE THE LEAD?

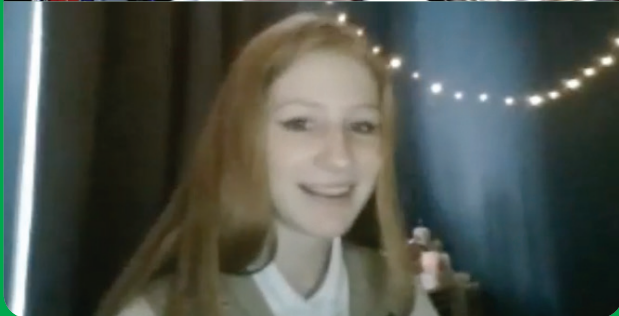
Take the Lead is the Girl Scouts of Eastern Pennsylvania's signature fundraising event honoring our community's most distinguished women whose leadership and professional achievements make the world a better place. Girl Scouts of all ages produce this unique leadership program and develop the skills necessary to become the future leaders of tomorrow. A true highlight of the Girl Scout Leadership Experience, Take the Lead enables girls to forge long-lasting, valuable mentorships with honorees, develop public speaking and networking skills, and advocate for the Girl Scouting with the community.



### TAKE THE LEAD 2021 SHADOW DAY SPOTLIGHT: DR. DEBRA POWELL & KATIE R.

Katie is an accomplished Girl Scout, who has earned her Girl Scout Bronze and Silver Awards and is also a Service Unit Delegate. This year, she applied for a Take the Lead Presenter role, a position which offers leadership development for girls. Presenters are paired with one of the Take the Lead Honorees, who are honored for their leadership and achievement.

While this year's Take the Lead was held virtually, Katie did not let that stop her from making the most of her experience. As an aspiring pediatrician Katie was paired with 2021 Take the Lead Berks Honoree and Girl Scout Alum, Dr. Debra Powell, Chief, Division of Infectious Diseases & Medical Director of Infection Prevention at Tower Health Reading Hospital.



During their day together Katie learned all about the work Dr. Powell has been doing to keep our community safe during the COVID-19 Pandemic. Dr. Powell is leading the pandemic response for Tower Health's seven hospitals. She invited Katie to attend their weekly clinical COVID town hall with other Tower Health providers, during which Dr. Powell shared important information on updates regarding the COVID vaccine, the number of positive cases and treatment. Katie also got to attend a call with the Pennsylvania Department of Health where community members could ask Dr. Powell questions about COVID-19. Dr. Powell and Katie connected on their shared love for the outdoors and Girl Scout Camp. This special shadow day experience gave Katie the opportunity to find a mentor in Dr. Powell.

◀ *2021 Take the Lead Berks Honoree, Dr. Debra Powell, and Girl Presenter, Katie R., meet over Zoom*



# TAKE THE LEAD

## 2021 CO-CHAIRS AND HONOREES

### Greater Philadelphia

#### CO-CHAIRS

**Jackie Cuddeback**  
Philadelphia Phillies

**Hilary Hannan Saylor**  
Stradley Ronon

#### HONOREES



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L.F. Driscoll



**CHARMAINE SPENCE ROCHESTER**  
**DHA, CPA, FACHE, FHFMA**  
*Chief Financial Officer*  
Penn Medicine Lancaster  
General Health



**NICOLE MARQUIS**  
*Founder & CEO*  
HipCityVeg



**LESLIE STILES**  
*Board President*  
Pennsylvania Conference  
for Women

### Berks County

#### CO-CHAIRS

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**Michele L. Richards**  
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**JACQUELYN S. FETROW, Ph.D.**  
*President and Professor of  
Chemistry & Biochemistry*  
Albright College



**SUSAN DENARO**  
*Attorney*  
Georgeadis Setley



**DEBRA POWELL, MD, MS**  
*Chief, Division of Infectious  
Diseases & Medical Director  
of Infection Prevention*  
Tower Health Reading Hospital

### Lehigh Valley

#### CHAIR

**Stephanie Sherry**  
Olympus Corporation  
of the Americas

#### HONOREES



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**LIN ERICKSON**  
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**VICTORIA BRIFO**  
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Air Products



**DEBORAH SUNDLOF, DO**  
*Cardiologist, Lehigh Valley Heart Institute,  
Co-Director of the Women's Heart Program,  
Cardio-Oncology Programs & Physician*  
Medical Director Regional Heart  
LVH-Muhlenberg



**FUSUN BUBERNACK**  
*President*  
ET&T

# Mark Your Calendar!

## Take the Lead 2022

**GREATER PHILADELPHIA\***

Tuesday, March 1

**BERKS COUNTY**

Tuesday, April 12

**LEHIGH VALLEY**

Thursday, April 21

*\*Includes Bucks, Chester, Delaware, Montgomery, and Philadelphia counties.*

# Thank you to our Take the Lead 2021 sponsors!

Your support enables GSEP to provide more leadership opportunities to Girl Scouts in Eastern Pennsylvania and to empower them to unleash their potential.

**Thank you to our presenting sponsors for investing in, inspiring, and empowering our Girl Scouts.**



"Thank you to Girl Scouts for instilling the love of learning, curiosity, and leadership in girls and for your commitment to diversity, inclusion and belonging! Air Products is proud to partner with you!"



"Olympus is proud to support the Girl Scouts of Eastern Pa and their mission to empower the young female (103) leaders of tomorrow with courage, confidence, and character."



An Exelon Company

"PECO is proud of our investment in the Girl Scout's mission and the Take the Lead program, and since 1932 has been committed to making a difference by helping girls throughout our region thrive while supporting the next generation of female leaders."

For information on Take the Lead 2021 sponsorship opportunities, please contact us at 267.422.2533 or [takethelead@gsep.org](mailto:takethelead@gsep.org)



# Air Products is proud to support Girl Scouts! You Belong and Matter!

tell me more  
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## OLYMPUS

OLYMPUS IS PROUD  
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EASTERN PENNSYLVANIA

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## Powering partnerships.

At PECO, we recognize that great leaders grow where diversity is celebrated and people are empowered. That's why we contribute more than \$6 million each year to diverse programs that promote education, the environment, arts and culture, and community enrichment—like Camp Shelly Ridge and STEM programs for our region's Girl Scouts—giving girls the tools to make an even greater impact in their communities.

PECO is proud to partner with Girl Scouts of Eastern Pennsylvania in celebrating Take the Lead Greater Philadelphia 2021.



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An Exelon Company

peco.com



# G.A.P.

Girl Adventure Place

**Calling all girls to leadership and life in the outdoors.**

**The Girl Scouts were founded in 1912 with the goal of bringing girls “out of isolated home environments and into community service and the open air.”**

Girl Scouts of Eastern Pennsylvania is making improvements to Camp Shelly Ridge and Camp Mountain House that will encourage girls to attend camp and connect with nature, make diverse friends, unplug, communicate, laugh, take risks, challenge oneself and support others all while laying the foundation of a life of leadership and service.

Make a 100% tax deductible donation so that GSEP can reach and serve more girls with these improvements and additions:

### **Camp Shelly Ridge**

- ◆ Commercial Kitchen in Smith Lodge
- ◆ High Ropes Challenge Course & Zipline
- ◆ Platform Tents

### **Camp Mountain House**

- ◆ Large multi-purpose space for year-round girl programs
- ◆ GSEP Shop
- ◆ Modern Bathrooms & Showers

*Recognition opportunities starting at \$5,000.*

To learn more, contact Lori Franzke at 267-293-7284 or [lfranzke@gsep.org](mailto:lfranzke@gsep.org) to make a contribution today!





girl scouts  
of eastern  
pennsylvania

**From team retreats to weddings, and birthday parties host your next event with GSEP.**

Looking to host a leadership retreat, corporate training, team-building, or social event? With our six locations across Eastern Pennsylvania, GSEP is sure to have the perfect place for you. Visitors enjoy a variety of indoor and outdoor meeting areas, comfortable accommodations, and unique outdoor venues for groups large or small to pursue physical, spiritual, and educational interests. Our highly trained staff will work with you to create the perfect meeting, conference, or social gathering for the outcome you envision.

- Archery • Nature Hikes • Climbing
- Boating • Ziplines                      Towers & Walls

For more information and to book a tour, visit [gsep.org](http://gsep.org) under the camp and properties tab.





save the date

# FALL LEADERSHIP WEEKEND 2021

**When:** October 22-24, 2021

**Where:** Camp Laughing Waters, Gilbertsville

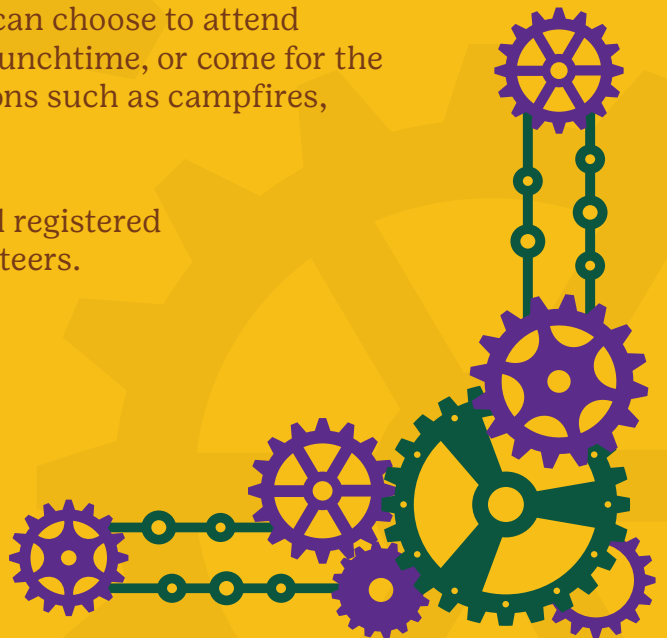
**Travel through time with us at Fall Leadership Weekend,** GSEP's annual event that offers workshops to encourage, enhance, and enthuse our adult volunteers. Network with other volunteers and head home with new friends in Girl Scouting, and inspirational ideas to share with your troop.

What can participants expect from this event? When you register, you'll select your workshop track from a wide range of badge, outdoor, and craft skill building. You can choose to attend Saturday for just the workshops and lunchtime, or come for the whole weekend to enjoy camp traditions such as campfires, games, sing-a-longs and much more.

Fall Leadership Weekend is open to all registered Girl Scout adult (female & male) volunteers.

**Registration now open!**  
[gsep.org/volunteerevents](https://gsep.org/volunteerevents)

**All registrants will receive  
an event t-shirt and patch!**



# WANTED: Girls Ready to Make Change!

Are you interested in a leadership role in determining the future of GSEP's girl experiences? Do you want to get involved in helping improve the Cookie Program, Spark programs, summer camp, and other events? Are you looking for ways to build your resume? We want to hear from you!

Cadettes, Seniors, and Ambassadors are eligible to apply to join Girl Scout Says, GSEP's Girl Advisory Committee.

Interested girls must be able to:

- Commit to one year of service (through September 2022)
- Attend a mandatory kick-off meeting on Sunday, November 7, 11:30am-2pm at Camp Shelly Ridge
- Attend five additional meetings (mix of in-person and virtual)
- Participate in conversations through email and Band app, our virtual platform

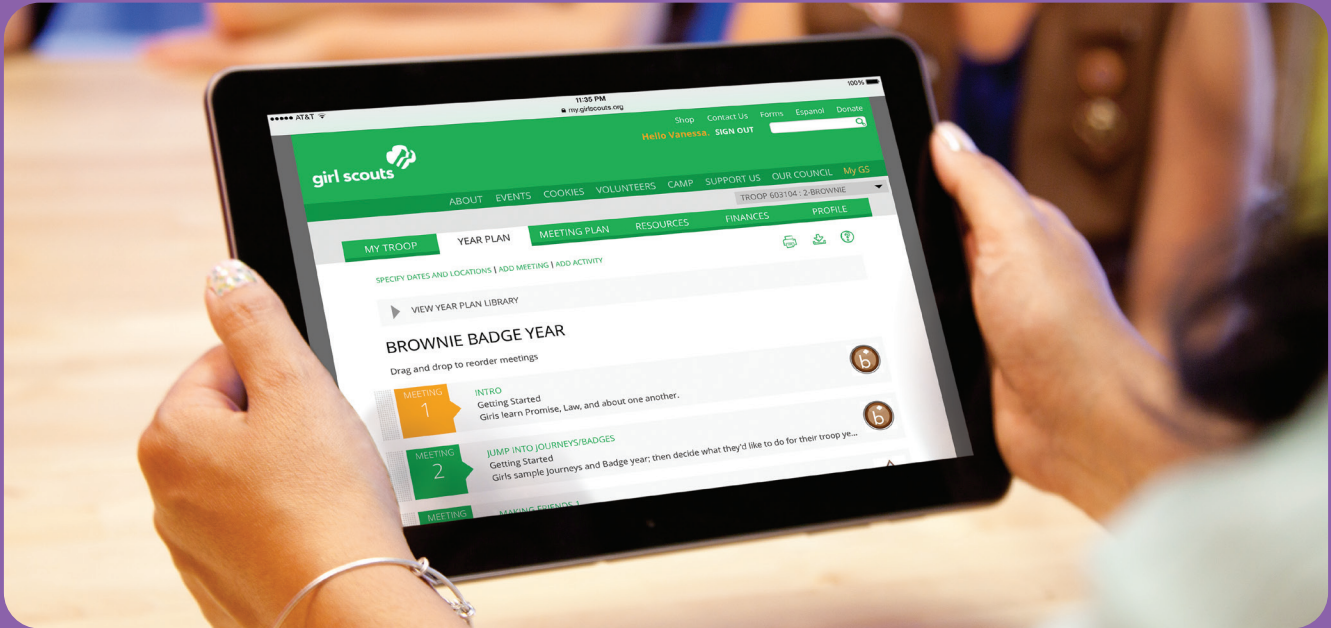
To apply, visit <https://smr.to/p73556>. The application deadline is September 15, 2021.



Cadettes, Seniors, and Ambassadors are eligible to apply to join

**GIRL SCOUT SAYS,**  
GSEP's Girl Advisory Committee.

# The Volunteer Toolkit: Your Digital Troop Assistant



**Are you excited to be a Girl Scout Leader, but concerned about the time commitment? The Volunteer Toolkit gives you meeting plans right at your fingertips!**

What is it? The Girl Scout Volunteer Toolkit (VTK) is a comprehensive digital tool accessible on your computer, smartphone or tablet. For all age levels, the VTK has several years' worth of meeting plans already created! Once your troop picks their Journey or badges for the year, you can access all the content you will need for the entire year! Customize it to add your own activities or pull alternate activities from the Resource Tab.

With the VTK, you can:

- Manage troop contacts, track awards and badges, track attendance, and communicate with parents/guardians.
- Use the meeting plans directly from the VTK, or customize them by deleting activities your girls don't want to do, and replacing them with new ones.
- Help your troop (including older girls!) choose from many Journey Year Plans, a year plan for petals/badges, or a "Create Your Own" Year Plan. Multi-level troops will have a choice of all age levels to choose activities from.
- Search the Volunteer Toolkit for meeting aids and activities to customize your meeting plans.

**Visit [gsep.org](https://gsep.org) to find the VTK!**

# Troop Leader Blueprint Toolkit

---

## New activities added!

You'll find brand-new programming—including Journeys—for every grade level, alongside our trusted tips and resources for safe in-person and virtual meetings.



Continue being the support your girls need right now; we've got the rest. See what's new today!

# 2020 Volunteer Awards

## Spotlight on awardees:

### An Event to Remember

On Tuesday, December 1, 2020, GSEP honored 66 volunteers and community organizations who have been recognized by their peers for going above and beyond in their volunteer role. Our virtual ceremony saw 150 attendees and featured a combination of pre-recorded videos and a live Emcee, with an extra special thank you written and performed by our CEO, Kim Fraites-Dow.

We were excited to bring special touches to our unique event, and worked with our amazing nominators to bring surprises to our amazing awardees. This included custom yard signs, surprise visits to present some of the awards, and following the ceremony, a mailing with their award, a program booklet, and some goodies!

### Awardee Spotlight

The GSEP Award is the highest Council level award, and is presented to a volunteer or volunteers who have served ten years or more with a commitment and dedication that is remarkable and of extraordinary service to the entire council community. This award honors three legacy council leaders: Janet A. Clark (Girl Scouts of Freedom Valley), Ellen Mary Cassatt (Girl Scouts of Southeastern Pennsylvania) and Ronnie Backenstoe (Girl Scouts of Great Valley).

We were so excited to present the GSEP Award to two volunteers this year. We set up a surprise visit to present our recipients with their awards, balloons, flowers, and yard signs. Both awardees were very surprised!





## Deb Walters

Deb’s nominators said it best that “When I think of the ultimate GSEP volunteer, Deb immediately comes to mind.” Deb has an extensive history of volunteerism with Girl Scouts. Over several decades, she has volunteered at every level, from troop leader to First Vice Chair of the Board of Directors. Every member of our Council benefits from Deb’s focus on governance and the democratic process in Girl Scouts. Her knowledge, work and dedication to maintaining the highest standards of governance is, frankly, unparalleled. One of Deb’s letters of support summed up the ways that Deb puts the G.S.E.P. in our council through her work with: Governance, Senior Girl Scout Awards, **extradordinary** service, and **passion** for the Girl Scout movement.

## MaryAnn Rodda

According to her nominators: In every volunteer position MaryAnn has held over the last 20 + years, she has shown inspiring commitment and perseverance to get the job done. MaryAnn believes in the power of girls, and she shows her love of Girl Scouting through her dedication to each activity, committee, or position--whether it is large or small. Through her leadership, creativity, time given, and innovative ability to make improvements, MaryAnn’s efforts far surpass what is “expected” of an adult

volunteer in any forum, and her outstanding leadership has benefitted GSEP from the members of her Downingtown community throughout the whole GSEP footprint and beyond. One of MaryAnn’s fellow volunteers and supporters called MaryAnn the “ultimate GSEP volunteer” and said that they “want to grow up to be just like MaryAnn!”

For information about the 2021 Volunteer Awards Celebration, please visit the Awards and Recognition page of [gsep.org](http://gsep.org)



# TROOP LIFE NOT YOUR LIFE?

## There's Another Way to be a Girl Scout!

If you're looking to reap the rewards, recognition, and skills of being a Girl Scout, but being part of a troop isn't for you, become an individually registered girl (IRG), also known as a "Juliette", and make your Girl Scout experience work for you!

As a Girl Scout IRG, you can customize your Girl Scout experience around your interests, goals, and schedule. We have so much to offer! Whether you have a few hours, a few weeks, or a few months, Girl Scouts is flexible and fun.

There are no limits to what you can do as an IRG. Participate in everything that is open to your grade level.

### You can:

- Attend in-person or virtual council-sponsored programs, events, series opportunities, year-round camp experiences, and travel opportunities.
- Work on Journey awards and badges with a parent or another adult mentor.
- Earn the Bronze, Silver, and Gold Awards.
- Apply for governance and committee opportunities to be a change-maker and have your voice heard!
- Be a part of your Service Unit.

### And, of course:

Participate in the Girl Scout Cookie Program to develop your entrepreneurial skills, give back to Girl Scouting, earn cool recognitions and credits towards GSEP camps, Spark programs and travel opportunities!

The future is yours, and your journey starts here. Begin your new adventure by completing your Girl Scout membership registration at [gsep.org/join](https://gsep.org/join) and emailing Member Services ([memberservices@gsep.org](mailto:memberservices@gsep.org)) with the Subject Line: IRG, and someone from our team will reach out to welcome you and help plan your year.



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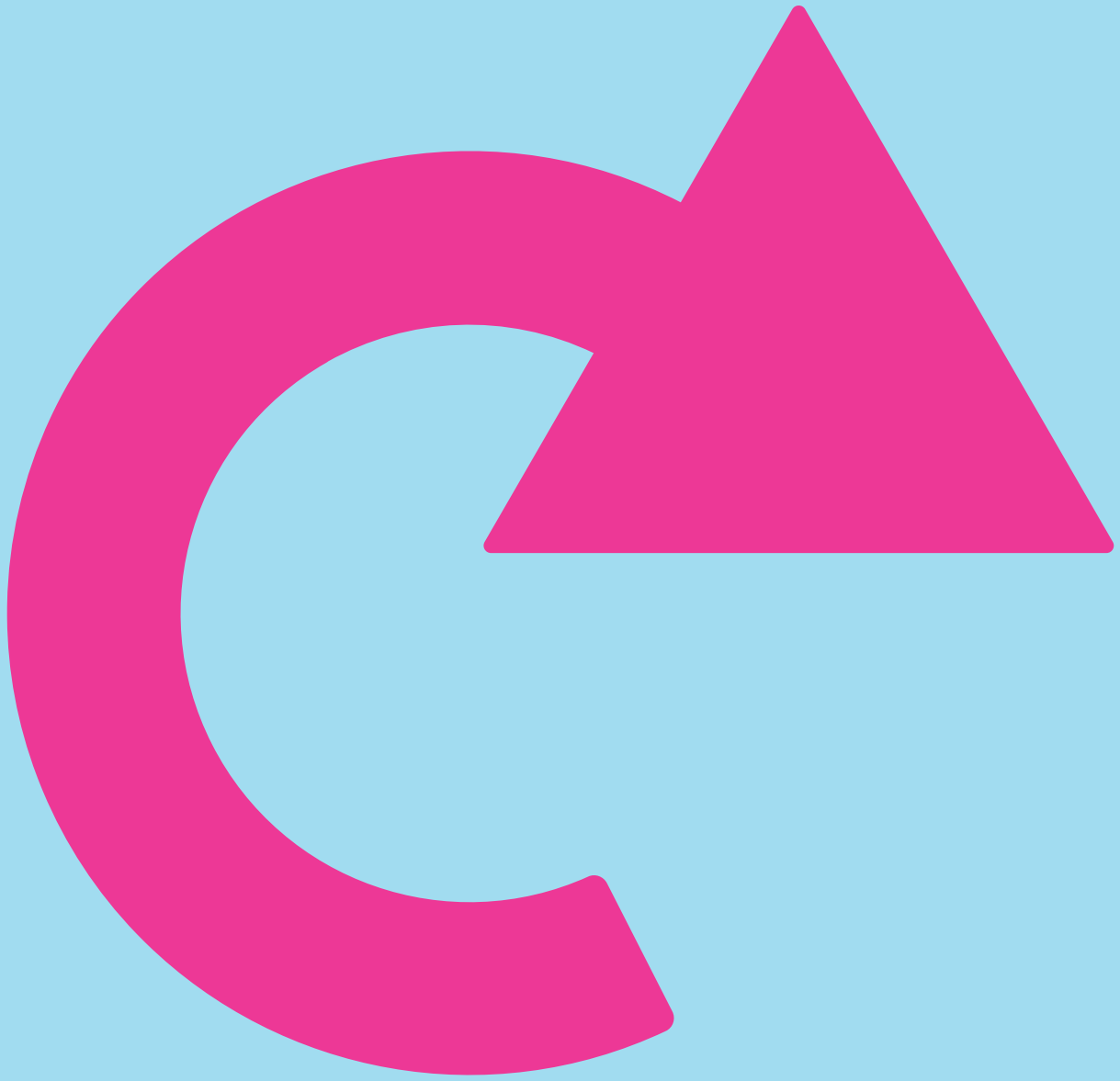
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We are pleased to be able to offer our services to outside companies and non-profit organizations and members interested in high quality, fast, reasonably priced printing.

For more information and a free quote on your next project contact Jeff Kwiat at [printshop@gsep.org](mailto:printshop@gsep.org) or visit our website at [www.gsep.org/printshop](http://www.gsep.org/printshop).





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